

# 2016-2017 Annual Report



## MindPeace Mission & Vision

The mission of MindPeace is to improve access to high quality mental healthcare for all children in Greater Cincinnati.

The long-term objective of MindPeace is to ensure that there is a seamless system of mental health care for children that meets specific characteristics of quality, provides a continuum of care, has system connections and is affordable.

Increasing access to quality mental health care and school based brain health services is a priority. MindPeace serves as a co-leader of the School Based Mental Health Network. We strive for real partnerships between community learning centers (CLCs)/schools and behavioral health providers chosen by the community. This results in full time presence, integration, alignment and shared outcomes, accountability and continuum of services at the school.



There are 88 schools in the MindPeace collaborative



MindPeace partners with 10 local school districts



14 behavioral health agencies are currently partnered with MindPeace

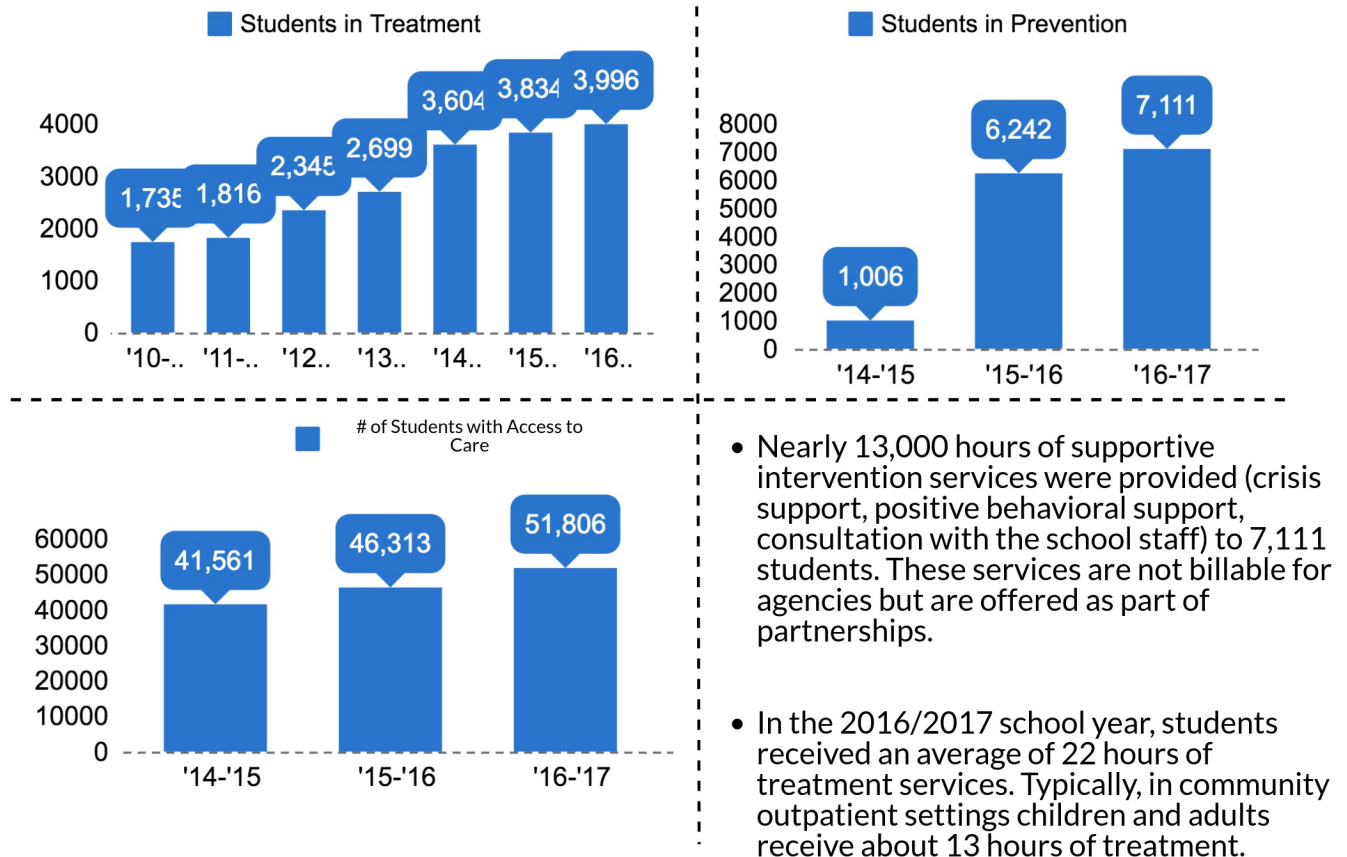
# School Based Brain Health by the Numbers



*"MindPeace is a tremendous resource for schools trying to connect mental health services with students and families. The mission and passion of MindPeace is to make sure that all students have access to mental health services despite their economic circumstances. As a school superintendent, my experience with MindPeace has been nothing short of amazing."*

Todd Yohey,  
Superintendent of Lebanon City Schools

Did you know that nationally only 20-25% of children are able to access care? Through the work of MindPeace 74% of students were connected to care!



## MindPeace Luncheon & Educational Symposium

We celebrated the accomplishments from the previous school year and learned new information for implementation in the coming school year.

This year nearly 200 people in the MindPeace network came together at the Cooper Creek Event Center. Site team presentations focused on best practices. We also were pleased to have key note speakers Katie Bergmann and Dr. Dan Nelson.



# Program Highlights

## Safety and Crisis Services

*In collaboration with Cincinnati Children's, the HCMHRB and our mental health partners.*

To better understand how our community is responding to children and adolescents in crisis and how we can improve our services, agencies are now using the same suicide assessment, and practices for sending clients to the emergency department.



## High School Brain Health

*In collaboration with 1N5 and partner high schools.*

To provide a learning environment for peer schools, focusing on best practices for brain health for students, their families and school communities, strategic initiatives have been developed by school leaders.

A principal toolkit is being developed with sample communication and resources.

## SAM Study

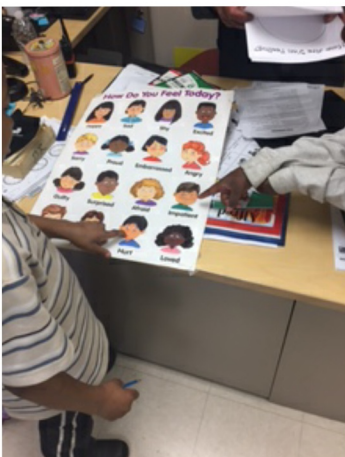
*In collaboration with Cincinnati Children's and partner high schools.*

To better understand brain health and suicide ideation, an app developed by Cincinnati Children's is being studied in 7 Cincinnati-area schools. The app is called SAM and stands for Spreading Activation Mobile. SAM records a teen's conversation during counseling sessions. It uses technology to measure the words teens use to determine if the language is similar to someone who is at risk for suicide.

SAM is in its 3rd pilot year.



## Trauma-Informed Care



1

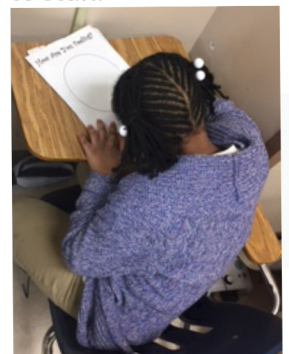
Western Hills University High School started the process of becoming one of the first trauma-informed high schools in the city. They held an entire professional development day dedicated to learning about trauma and trauma-informed care practices. The school will continue their journey in the 17-18 school year.

2

South Avondale Elementary transformed some of the school to incorporate comfort spaces and deescalation tools. Additionally, they hosted a viewing of Paper Tigers and continued implementing a Trauma-Sensitive Newsletter to staff.

3

The Tristate Truma Network and MindPeace hosted a "train the trainer" for school-based staff to learn training techniques on 4 trauma modules developed by Akron Children's Hospital.



**Research on spaces, tools and implementation is available!**

**Feeling safe and having a caring and trusted adult are the two most important protective factors for a child.**



Susan and Dan Pfau Foundation

Robert and Adele Schiff Family  
Foundation

Thomas J. Emery Foundation

Interact for Health

Shannon and Lee Carter Family Fund of  
the Greater Cincinnati Foundation

*Thank you to our Donors!*

Cincinnati Children's Hospital Medical  
Center

Andrew Jergens Foundation

Greater Cincinnati Foundation

Sutphin Family Foundation

Louise and David Ingalls Foundation

Lawrence Fund of the Greater Cincinnati  
Foundation

## Our Collaborators

### 1N5

Beech Acres Parenting Center

Butler Behavioral Health Services

Catholic Charities Southwestern Ohio

Central Clinic

Child Focus, Inc.

The Children's Home of Cincinnati

Cincinnati Children's Hospital Medical Center

Cincinnati Health Department

Cincinnati Public Schools

Community Learning Center Institute

Companions on a Journey

Deer Park Community Schools

Great Oaks Career Campuses

Greater Cincinnati Behavioral Health Services

Growing Well Cincinnati

Hamilton City School District

Hamilton County Mental Health & Recovery  
Services Board

The Health Promotion and Education program  
at the University of Cincinnati

### Indian Hill Exempted Village School District

Interact for Health

Lakota Local Schools

Lebanon City Schools

Lockland School District

Lighthouse Youth Services

Lovland City School District

Madeira City Schools

Mariemont School District

Mental Health America of Northern Kentucky &  
Southwest Ohio

Oak Hills Local School District

Solutions Community Counseling

St. Aloysius Orphanage

St. Bernard-Elmwood Place City Schools

St. Joseph Orphanage

Sycamore Community Schools

Talbert House

TriHealth

TriState Trauma Network

Wyoming City School District

## Board of Trustees

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The new MindPeace website launched in October 2016.  
Since the launch:



Direct traffic to the site has increased by 48%



Visitors are spending an additional 2 minutes on the website



There has been a 20% increase in visitors

*MindPeace has been invaluable to us at Deer Park Schools. They provide the support, resources and tools that help us continue to make forward progress with relation to brain health needs within our district. Whether it be from bringing a new mental health agency to the table or providing a Principal's Toolkit, they are always ready and willing to help where there is a need.*

- Dr. Stace Orso, Deer Park Jr./Sr. High School Principal



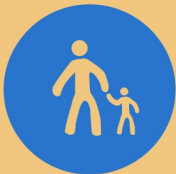
Over 900 mental health professionals are listed in the MindPeace database. MindPeace works hard to keep the database up-to-date so that appropriate referrals and recommendations for care providers can be given.

## OUR PLANS

Over the next year, we will continue to partner with local communities to deepen our impact on brain health culture, suicide prevention, trauma-informed care and early childhood access to care.



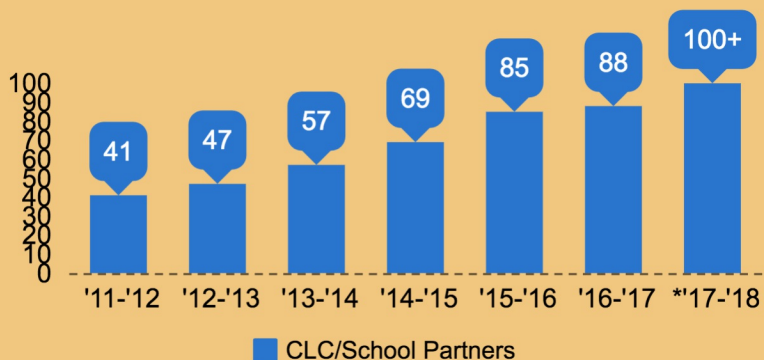
Join us in celebrating MindPeace's 10th Anniversary!



### Early Childhood

MindPeace has a new, exciting pre-school partnership with Rising Stars Academy, in Cincinnati Public Schools. MindPeace will work with school administrators to have a co-located therapist at the preschool.

Early detection is key to feeling better more quickly and possibly preventing brain disorders all together!



### Widening our Impact



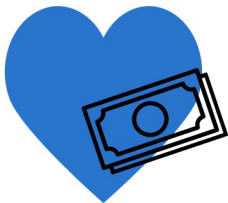
# MAKE A DIFFERENCE, DONATE TO



## SPHERES OF INFLUENCE



Please consider donating to MindPeace.  
All operating funds are made possible through  
grants and private donations.



Donations may be sent to:

MindPeace  
5642 Hamilton Avenue  
Cincinnati, Ohio 45224

For credit card donations, please visit:  
[www.MindPeaceCincinnati.com/donate](http://www.MindPeaceCincinnati.com/donate)



## Where does your donation go?

\$40- One month of website maintenance

\$ 200- 1 hour of consultation & technical support to school partners

\$1,000- Making a comfort corner in a classroom

\$10,000- The annual celebration and education luncheon



Get in touch with us to access resources or for help with school partnerships



(513) 803-0844



5642 Hamilton Ave.  
Cincinnati, OH 45224



[info@mindpeacecincinnati.com](mailto:info@mindpeacecincinnati.com)



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