







If mental health symptoms become overwhelming or unsafe, including self-harm, thoughts of suicide or harming others, or making a plan to die, please seek immediate help from the urgent resources listed below. You are not alone, and help is available 24/7.

	 SHORT DESCRIPTION	 AGES	 COST	 LOCATION	 CONTACT	 TYPE OF TREATMENT
988 24/7 SUPPORT	988 is the National Suicide & Crisis Lifeline. They connect directly to trained crisis counselors for mental health emergencies.	Any Age	No Cost	Phone-based	988 (Call, Text, or Chat online at www.988lifeline.org)	<ul style="list-style-type: none"> • Suicide prevention • Emotional support • Crisis counseling • Connection to local crisis services
MRSS (MOBILE RESPONSE STABILIZATION SERVICE) ON-SITE SUPPORT MON-FRI 8AM-8PM 24/7 PHONE SUPPORT	MRSS is a community-based response by a mental health professional designed to provide immediate, on-site stabilization for youth and families in crisis. MRSS focuses on short-term support and follow-up to help stabilize the situation and connect families to ongoing services.	Under 21	No Cost	Facility and community-based services: MRSS team responds in the home/community. Families provide transport for follow-up services; in-home stabilization is also available for up to 6 weeks.	988	<ul style="list-style-type: none"> • Crisis Intervention • De-escalation • Safety planning • Linkage to community based-services
MOBILE-CRISIS 24/7 SUPPORT	Mobile Crisis is a response team available 24/7 to provide immediate intervention for individuals of all ages experiencing a mental health crisis. They often respond to more serious situations and can work alongside law enforcement, providing an alternative to police intervention or additional support when needed.	Any Age	No Cost	Services are provided in the community; no transport required.	988	<ul style="list-style-type: none"> • Crisis Intervention • De-escalation • Safety planning • Referral to appropriate level of care
BEST POINT URGENT CARE (PEDIATRIC MENTAL HEALTH URGENT CARE) BEST POINT BEHAVIORAL HEALTH 5051 DUCK CREEK RD, CINCINNATI, OH 45227 HOURS: MON-FRI 9:30AM - 6PM	Best Point Urgent Care provides immediate on-site crisis counseling, which can provide rapid assessment, crisis intervention and de-escalation, psychoeducation, cognitive behavioral skill-building and safety planning. For children, teens and young adults up to age 21.	Under 21	Self-pay & Insurance	Facility-based services provided; families will need to transport.	(513) 527-3040	<ul style="list-style-type: none"> • Short-term stabilization • Assessment & referral • Safety planning
PIRC (PSYCHIATRIC INTAKE RESPONSE CENTER) CINCINNATI CHILDREN'S 3333 BURNET AVE, CINCINNATI, OH 45229 24/7 SUPPORT CINCINNATI CHILDREN'S 7777 YANKEE RD LIBERTY TOWNSHIP, OH 45044 24/7 SUPPORT	PIRC is a hospital-based psychiatric intake center offering emergency psychiatric evaluations, crisis stabilization and triage for further treatment needs. Call PIRC to speak with a clinician prior to coming. A licensed clinician will do a mental health safety assessment and assess for the right level of care.	Under 18	Self-pay & Insurance	Facility-based services provided; families will need to transport.	(513) 636-4124 If possible, call prior to coming	<ul style="list-style-type: none"> • Emergency psychiatric assessment • Stabilization • Referral to appropriate level of service(s)
911 24/7 SUPPORT	911 is the emergency dispatch system for life-threatening situations requiring immediate law enforcement, EMS, or emergency medical transport.	Any Age	No Cost (may have fee for emergency transport)	Phone-based and community-based; provided by emergency services.	911	<ul style="list-style-type: none"> • Public safety and emergency medical response