

Mental Health Doesn't Wait. *Neither Do We.*



**Our goal is to help you resolve the crisis, reduce your stress,
and connect you with ongoing support.**

A mental health crisis can come at any time of the day, and it often does not require a visit to the hospital emergency room. That is where Best Point Pediatric Mental Health Urgent Care can help. We provide immediate crisis counseling which can include rapid assessment, crisis intervention and de-escalation, psychoeducation, cognitive behavioral skill-building, care and safety planning.

How We Can Help

- There is a need for immediate mental health support or assessment.
- Your child has had a recent and significant change to mood or behavior.
- Your child's emotions are beyond control.
- Your child has recent self-injury.
- Your child is expressing non-specific or passive thoughts of harming themselves, wishing they were dead, and/or considering ending their life.
- Your child is experiencing an increase in mental health symptoms significantly impacting functioning at home or school.
- Your child experienced a recent traumatic event and is struggling to cope.

Our Approach

Immediate Support and Stabilization: Our top priority is the immediate crisis stabilization of your child. We work with you and your child to calm high emotions and guide you both through the crisis.

Creating your Safety Plan: Our therapists will create a custom safety plan and provide you with additional resources to keep your child safe. You and your child will leave our urgent care feeling confident in returning home safely.

Aftercare Planning: These types of crises arise from ongoing problems and stress your child may face. To help prevent crises from happening again, our care coordinators will make referrals or provide you with suggestions to seek ongoing care for your child.

Contact us today so we can work together to help you resolve the crisis and keep your child safe.



Best Point Pediatric Mental Health Urgent Care
5051 Duck Creek Road | Cincinnati, Ohio 45227
Monday - Friday | 9:30 am - 6:00 pm | 513.527.3040

If your child has a specific plan to end their life or there is an immediate safety concern, please go to your local emergency room or call 911.