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### General Camps (that accommodate mental health disability):

Abilities First, located in Middletown, Ohio, offers multiple camps for children ages 2-18 years old. Provides summer, physical, occupational, and speech language therapeutic group opportunities to children with autism, developmental delays, or disabilities. Camps will start at the end of May and go until the beginning of August. Application deadline is May 12, 2023. Camp times vary. Every child will be evaluated for appropriate placement. Most programs are covered by insurance. Camps begin May 22<sup>nd</sup> and end August 11<sup>th</sup>, 2023. For more information, please contact Bettie Rountree at bettie.rountree@abilitiesfirst.org

Best Point Summer Camps offers an all-inclusive 10-week camp called "Camp I Can" for ages 4 to 12, Mon-Fri from 7:30-5:30. Located in Cincinnati Ohio. This camp offers swimming, sports, music, art, gardening, and field trips. This camp enhances creativity, leadership and social skills while celebrating culture and diversity. "Camp I Can" enrollment is available upon application and has a \$200 weekly tuition fee. "Ready Set Work" is a 4-week summer career and community exploration program for high schoolers with ASD and other related disorders. 2022 Camp dates are June 6 – 30, 9 a.m. -3 p.m. "Ready 2 Work!" which is a 10- week paid internship program for ages 18 to 25 with autism and related disorders. For more information, including registration, call 513-527-7290 ext. 5058 or email <u>referrals@bestpoint.org</u>

\* <u>Camp CRC (Cincinnati Recreation Commission)</u> CRC will offer a variety of 10-week Summer Day Camp Programs at 19 recreational centers throughout Cincinnati and run from June 5th - August 11th for youth ages 6-12 from 11am to 3pm. A structured drop-in-based program with lunch provided. There is a \$10 application fee. Youth with disabilities are welcome-must complete assessment and accommodation request form on their website first

\*Camp Joy, located in Clarksville, Ohio partners with organizations to provide camp experiences for children with medical conditions, grieving children, and underserved children and families. Overnight camping programs include partnerships with Cincinnati Children's, Arthritis Foundation, Camp Sunrise, Amputee Coalition of America, American Diabetes Association, Starshine Hospice, St. Joseph Orphanage and Children's Home of Cincinnati. Camps are available for ages 7-17 as well as for families to attend together. For more information call 937- 289-2031 or email info@camp-joy.org

<u>Center for Possibilities</u>, Located in Hobart Indiana offers a summer program for students with developmental disabilities, preschool through adult. Camp sessions are held in Hobart, Indiana. Sessions are Monday-Friday from 8:30-1:30. For more information call 219-962-5751.

\*<u>Cincinnati Parks Summer Camps</u> Located in Cincinnati, they offer multiple different one- week camps at various locations for ages 3 ½ - 14 years old. Camps include daily hikes, games, live animal encounters, experiments and projects. Camp sessions begin June 12th and run through August 4th. For more information call 513-321-6070. We are happy to make reasonable accommodations with adequate advance notice. Parents with questions regarding the staffing needed to meet a child's needs should contact us at 513-321-6070.

\* <u>Cincinnati Zoo Camps</u> Explore the zoo, experience nature, and discover the excitement and wonder of animals. Hikes in the zoo, visits from animal ambassadors, crafts, train rides, and so much more make summer camp a week to remember. Weekly camps run from May 29th -August 14th. Full days are offered from 9am- 4pm for 4 year olds- 6<sup>th</sup> graders (members \$275, non-members \$290) as well as 7<sup>th</sup> and 8<sup>th</sup> graders (members \$285, non-members \$300). Half days are also offered from 9:30am-12pm or 1pm-3:30pm for 4 years olds- 2<sup>nd</sup> graders (members \$160, non-members \$175). For more information call 513-281-4700 or email <u>education@cincinnatizoo.org</u> Can accommodate most behavioral or emotional disabilities with proper notification, but cannot administer medication.

Note: \* anyone can participate, disability or not

\* <u>Courageous Community Services</u> located in Whitehouse, Ohio is now offering "I wouldn't have nothin' if I didn't have you" summer camps. Starting May 28 through August 18<sup>th</sup>. They offer a variety of different sessions for different age groups ranging from 5-adulthood. There is \$100 application fee with discounts available. For more information call 419-875-6828 Ext. 756828 or email <u>laurak@ccsohio.org</u>. Welcomes all individuals, including those with developmental, health, or physical disabilities.

\*<u>CYO Camp Rancho Framasa</u>, Nashville, Indiana, provides opportunities for full inclusion in an overnight setting. A variety of camps are offered for kindergartens to 18+. 2022 residential camps will begin June 4th and run through July 28th. Day camps run Monday to Friday 9a.m to 4p.m and have three different sessions June 11-16, June 18-23 and July 9-14. CYO offers a three-tiered pricing program for their camps. For more information call 812- 988-2839 or email <u>info@campranchoframasa.org</u> Can accommodate emotional disabilities and have nurse to administer medication; however, staff are not trained with developmental or physical disability monitoring.

\*<u>Discover Summer</u>- The public library of Cincinnati and Hamilton county invites you to Discover Summer as you embark on your summer learning journey. Participation in our summer program is open to kids of all ages and is completely free! No library card is required. Discover. For more information call 513-369-6900. Encourages children with any disability to participate.

\*Echoing Hills located in Warsaw, Ohio. Began hosting "A Day at Camp" programs where camp staff can provide activities in a fun and safe place at Echoing Hills. Camp Echoing Hills provides a fully accessible environment and programs tailored to meet the needs of campers of all needs. Camps are available for ages 7-17 and 18 and older. Programs begin June 11<sup>th</sup> and run through August 4<sup>th</sup>. There are both one week and two-week camps available throughout the summer. The programs range from \$250-\$2000 with a non-refundable registration fee. There are camp scholarship available and be applied for on the registration form as well as waivers. For more information email info@ehvi.org or call 740-327-2311.

\*<u>Kicks for Kids</u>, is located in Covington, Kentucky. Provides programs including arts, theater, sports, social events, etc. These programs are available to children who are challenged mentally, physically, or by the environment they live in. For more information call 859-331-8484 or email info@kicksforkids.org.

\*<u>Mayerson JCC</u>, Located in Cincinnati, Camp at the J, from June 12<sup>th</sup>- Aug 11<sup>th</sup> from 9:30-3:30. \$350 a week for members, \$400 a week for public. Includes archery, art and crafts, sports, drama, and more in order to foster friendships, build confidence, and learn new skills. Cincinnati offers inclusive camping opportunities for Kindergarten through grade 10. Open to children of all abilities. Camp registration ends May 22rd. For more information call 513-761-7500

\*<u>Pleasant Hill Outdoor Camp</u>, located in Perrysville, Ohio. Offering inclusive themed day and overnight camps for ages 3 to 17. Variety of camps starting June 11- July 21. The full price is \$485 a week, there is an early bird discount that ends April 17<sup>th</sup> or there are scholarship opportunities. For more information call 419-938-3715 or email info@phoc.org.

\*Recreation Unlimited located in Ashley, Ohio, provides summer residential and day camps, as well as year-round respite weekend camps for youth and adults. Summer day camps are for ages 5-22 and are offered to those with developmental or physical disabilities as well as developing friends and siblings. Camps are being held from June 26th – July 28th. It is \$355 per week with an additional one time annual registration fee of \$35. There are waiver and scholarship opportunities available. For more information call 740-548-7006 or email info@recreationunlimited.org

<u>Redwood</u>, located in Ft. Mitchell, Kentucky, offers a therapeutic recreation program with a different theme each summer that encourages children to explore their diverse interests, personalities, and abilities while overcoming areas of challenge. It is offered for kids ages 6-20. For more information call 859-331-0880.

<u>Summer at CEES</u>, a community integrated high school transition program at the University of Cincinnati. Designed for students with intellectual and developmental disabilities ages 14-22. Offer a 12-week workshop 1 day per week from 9am-1pm. Approximately \$1200 per student. Contact your local school district to see how your child can apply to CEES.

<u>Talbert House</u>, Cincinnati, offers Camp Possible, a summer day camp for children ages 6-12 who struggle with behavioral/mental health issues. Campers attend for 8 weeks during the summer. Children will practice skills such as anger management, self-esteem, peer relations, taking direction, interacting with adults, and more. Trained clinical staff take children into the community to practice in real-life settings that are safe and kid friendly. Insurance can be billed for the camp. For more information call 513-751-7747

### Autism:

<u>Applied Behavioral Services</u> provides a year-round teaching environment for children with Asperger's and Autism Spectrum Disorders. Summer teaching and social skills program offered. Services include OT, individualized curriculum, speech therapy, intervention specialists, and monitored learning for ages 3 to 22. Located in Cincinnati, West Chester, and Dayton. For more information contact the Cincinnati location at 877-797-1352 or email <u>clientservicesohio@appliedbehavioralservices.com</u> or contact the West Chester Location at 877-797-1352 or <u>clientservicesohio@appliedbehavioralservices.com</u>

<u>Autism Learning Center</u> located on Cheviot Rd. in Cincinnati, has an Autism Learning Center and is an approved Autism Scholarship provider through the Ohio Department of Education. They collaborate with a speech language pathologist and occupational therapist to implement goals. Services are available to individuals up to 21 years old. If you are interested, please complete an autism services insurance verification request.

Camp Ability, Cincinnati Center for Autism is offering one four week session with multiple programs this summer June 5th-June 30th.Provides structure and consistency that support skill retention in students with Autism. Services available for ages 3-21. Full day services are from 9am-3pm Mon-Fri or you can do half days, AM session is 8:30am-11:30am or PM sessions are from 12pm-3pm. Prices vary from \$1000 to \$4000. For more information call 513.874.6789

<u>Camp Nuhop</u>, located in Perrysville, Ohio. Camp Nuhop is a week-long residential camp for children with ADHD, ASD, learning disabilities, Asperger's Syndrome and behavioral challenges. A number of camps are being offered this summer, including art camps, science camps, aqua camps, and many more for ages 6-18. There will be six sessions from June 11th to July 23rd. Prices range from \$500 to \$1500. For more information call (419) 938-7151

<u>Best Point Summer Camps</u> offer Ready Set Work located in Cincinnati. Ready Set Work is a 4-week summer career and community exploration program for high schoolers with Autism Spectrum and related disorders. Summer programming focuses on developing the social and vocational skills needed for employment. Participants will learn interview skills, go on field trips, explore various career options, receive a comprehensive skills assessment, etc. For more information, including registration, call 513-527-7290 ext. 5058 or email asd@bestpoint.org

#### **Other Specific Disorders:**

<u>Camp Nuhop</u>, located in Perrysville, Ohio, is an overnight camp for children with ADHD, ASD, learning disabilities, Asperger's Syndrome and behavioral challenges. For ages 6 to 18. There are numerous camp sessions going on throughout June and July where a wide variety of camp options will be offered. There will be six sessions from June 11th to July 23rd. Prices range from \$500 to \$1500. For more information call (419) 938-7151

<u>Cincinnati Children's Summer Treatment Program for Children with ADHD</u> a 7-week intensive summer day treatment program for children from 6-12 years old who have been diagnosed with ADHD. 13-year olds are accepted on a case-by-case basis. Children will learn to improve social skills, manage frustration, and follow instructions while participating in sports and classroom activities in a camp-like setting. STP will be held June 12th - July 28th on Mondays-Thursdays from 8:30-4 and Fridays 8:30-3. The camp is located at The Summit Country Day School in Cincinnati, Ohio. You can register by calling 513-803-7708 or email adhdstp@cchmc.org to start your application.

## Horses, Equine Therapy:

Bay Star EquiCenter, located in Shandon, Ohio, provides Equine Assisted Personal Development and Equine Assisted Learning (EAL). This is a special type of therapy that is done with a specially trained horse, professionals, and a licensed therapist. This is not a riding program. It is a research-based therapy that is appropriate for individuals with mental health needs. For personal development sessions, groups are to bring a mental health care provider with them as part of the group. Year-round activities are available by appointment only. They allow ages 7 years and older to participate in their activities. For price inquiries, call their number at 513-738-4463 or email Info@BayStarEquiCenter.com.

<u>Bridge Riding for the Disabled</u>, located in Lebanon, Ohio, provides therapeutic riding for individuals with physical, psychosocial, and cognitive disabilities. For more information contact Pat Howe at <u>howe.pm@earthlink.net</u> or call 937-654-4693.

<u>Cherry Ridge Therapeutic Learning Programs</u>, Georgetown, Ohio, offers a therapeutic and inclusive riding program for ages 5 to 18. Provide services working with farm animals, nature, and horses in an experiential environmental setting. For more information call 513-377-2381.

<u>Cincinnati Therapeutic Riding and Horsemanship</u> has a comprehensive horseback riding program for children and adults with disabilities. They also have a Hippotherapy (horse-riding therapy) program that combines physical and occupational therapy. Visit their website at https://ctrhequinetherapy.org to see the form, evaluation, and enrollment requirements. Hippotherapy is \$87.50 per week for an 8-week program. Each session is 45 minutes in length. Rec Riding is \$56.25 per week for an 8-week program. For additional information call 513-831-7050.

<u>Milestone's Equestrian Achievement Program</u>, located in Independence, Kentucky, is a therapeutic horseback riding program. The Therapeutic Horseback Riding program summer session is 10-11 weeks long and costs \$450. The summer session runs from July 17th to September 23rd. Additionally, Milestone offers an intermediate summer program called Silver Saddles. The summer session runs from July 17th to September 23rd. Each weekly session is between 45 minutes and an hour in length. For more information, visit their website at https://www.milestonesinc.org/or call their office at (859) 694-7669.

<u>Muddy Water Equestrian Park</u>, Cincinnati, offers riding therapy programs and activities that teach patience, respect, and responsibility for individuals of all abilities. They offer rides and lessons. Trail rides end around Thanksgiving each year and their schedule is set by availability. To make a reservation, they are reached on their website at <u>www.muddywaterranch.com</u>. They is \$40 per person. Currently open for the session, as of March 12, 2022. For additional questions, they can be reached at 513-522-8545 or at <u>muddyranch@gmail.com</u>.

Potter's Ranch, located in Union, Kentucky, provides equine therapy through their therapeutic riding program. There are various summer programs including Adventure Camp, Horse Camp, and Dyslexia Camp. All Camps will take place from June 5th-August 4th. Prices vary per program. For more information visit their website at <a href="https://www.pottersranch.org/">https://www.pottersranch.org/</a> or call 859-586-5475 for more information.

<u>Safe Haven Farms</u>, located in West Chester, Ohio, is a nonprofit, tax-exempt organization offering therapeutic riding, residential, day, and community services for individuals on the autism spectrum. It provides a variety of living, working, learning, and leisure activities in a farm environment. Contact 513-422-1880, INFO@SAFEHAVENFARMS.ORG.

<u>The Farm at Equisports</u>, located in Goshen, OH, provides adaptive riding and interactive farm lessons. Available programs include Equine Assisted Learning and Equine Assisted Coaching. Equine Assisted Learning serves individuals with physical and mental disabilities. The Equine Assisted Coaching program serves individuals who suffer from anxiety and depression.

The cost for this program is \$125 for 75 min sessions. Hours are by appointment only and programs are open for individuals of all ages. Call 859-240-9098 or email Tanya Tieman at tanya@equisportsofgoshen.com for more information.

# Music/Dance/Acting/Art:

\*<u>Cincinnati Ballet Kids Dance Camp</u> Cincinnati Ballet is your ticket to summer adventure! Kids Dance Camp is a creative exploration of dance, music and art through beloved stories. Each week-long experience explores an overall theme through ballet classes and activities led by professional faculty. Students ages 4-8, can accommodate students with cognitive or developmental delays. Placement based on age. Former dance experience not required. Each week-long dance experience runs Monday-Friday from 9am to 12pm. The program dates are June 5th-June 9th, June 12th-June 16th or July 31st- August 4th.

\*<u>Cincinnati Museum Center Summer Camps</u> Locations: Cincinnati Museum Center, Blue Ash Rec Center, Cincinnati Observatory. Explore science, technology, history and the arts through creative activities and games at Cincinnati Museum Center's fun and educational Museum Camps. Camps are sold by week. Camps are available weekly May 26- August 7<sup>th</sup>. Contact Cody Hefner at 513-608-5777 or at <u>chefner@cincymuseum.org</u> for any questions. Welcomes children of all abilities and seeks to make them feel safe and welcomed at camp.

\*<u>Marjorie Book Continuing Education Society</u>, located in Cincinnati, brings individuals with and without disabilities together, 12 years and older, for continuing education classes, service-learning projects, and theater productions. There is no cost for the first year, after that there is a \$70 annual fee. Financial aid is available. The group produces two summer plays. Rehearsals are at UC and the performances are located in Mount Airy. For additional information contact them at 513-328-6300 or at <u>marjoriebook1993@gmail.com</u>.

\*Music Resource Center (MRC), located in Cincinnati, is a multifaceted teen program, grades 7 through 12, that uses recording and performing arts, as well as life skills mentoring to create a sense of empowerment and accomplishment in the urban community. Their Summer Music Camp features a different topic each week. The topics include Podcasting 101, Music Production 101, Hip Hop & Beatmaking 102, Music Production 201, and Multi-Track Recording. They operate from Monday-Friday 12:00-6:00 pm during summer and Monday-Friday 2:00-6:00 pm the rest of the year. Visit their website for more information at mrccinci.org/camp or contact Wally Hart at 513-834-8304 or wally@mrccinci.org. This program welcomes teens facing environmental challenges as well as those with physical or cognitive disabilities.

<u>Music Therapy Care</u>, located in Anderson Township, provides music therapy groups and individual sessions to individuals with special needs to develop identified areas of need, ages 2 through adult, adapted music lessons are also available. Special summer-themed classes for percussion experiences, music ensembles, and toddler-caregiver classes are available. Visit their website at <u>http://www.musictherapycare.com/</u> or call 513-382-7500 for more information.

<u>Music Therapy Services</u>, located in Cincinnati, provides individual and small group music therapy sessions for children and adults with developmental, physical, emotional, and learning disabilities. Serves all age groups. Visit their website at <u>https://music-therapy-cincinnati.com/</u> or call 513-474-6064 for more information.

<u>Queen City Clay Kids Art Camps</u>, located in Norwood, provides camps taught by certified art teachers, for ages 6 and up. Camps run May 30<sup>th</sup>-August 11<sup>th</sup>. Pottery Wheel classes with be offered all summer as well as an exciting line-up of themed art classes. The times and length of the camps depends on the option you choose. Before and after care is available as an option during registration. Check out their website or email them at <u>info@queencityclay.com</u> for more information. Can accommodate individuals with developmental, cognitive, or physical disabilities.

\*<u>The Children's Theatre</u> located in Cincinnati. Enjoy a variety of themes for ages 7-18! Focus on music, dance, drama, or all three! All levels and abilities are welcome. Camps run weekly from May 30 - July 7 from 9:30 am - 4:00 pm. Registration is open February 15th. For more information or for enrollment visit their website.

#### Sports:

<u>\*Butler County Challenger Baseball</u> serves Butler and surrounding counties. They serve children and adults aged 5-22 with special needs. The registration fee is \$50 per player for new and returning players (except Dodgers \$25). Call League President, Alan LaKamp at 513-623-4120 for more information or email him at <u>alakamp@aol.com</u>.

<u>Cincy Swish Spirit Basketball</u> offers basketball instruction to children and young adults with disabilities. In addition to instruction, Swish Spirit provides children of all abilities the opportunity to be part of a team within a basketball league. Girls and Boys Teams 3rd-8th grade league games Wednesday and Sunday nights at Elite Athletics Sports Complex practice days and times depend on the team. Summer league cost is \$195. New players' uniform cost is \$75. Register for the summer team on their website cincyswish.com. For any questions contact <u>cincyswishbasketball@gmail.com</u>.

<u>Cincinnati TOP Soccer</u> is part of a national soccer program created to train young people (ages 5 through high school) with disabilities in a caring coaching environment. TOP Soccer allows a child to participate in the same type of community sports programs as their non-disabled peers, including uniforms, awards banquets, and when appropriate the opportunity to play on a non-disabled team. They have indoor and outdoor soccer, depending on the season. Spring indoor season runs April 16th to May 21st. Summer camp runs August 1st - August 5th. They also welcome wheelchairs.

\*Kids First Sports Center Cincinnati, has a variety of enrichment programs, sports activities, and gymnastics year-round. Summer Camp will run from May 31-August 19 and costs \$389 per week or day passes to the camp are available for a 2-day enrollment minimum of \$92 per day. Summer camp also includes the Summer Camp Inclusion Program. For questions or further information contact 513-489-7575 or visit their website at <u>http://www.kidsfirstsports.com/</u>. Can accommodate children with cognitive, physical, or developmental disabilities- they welcome kids of all abilities.

Mason Challenger League, a division of Mason Youth Organization, is a nonprofit that provides baseball and softball programs in the Mason area. The Mason Challenger league is a unique opportunity for children with special needs to participate in organized baseball. They welcome players from surrounding communities. It is open to players ages 5-18 (or up to 22 if still in high school). There is a fee to cover uniform and insurance costs, however, scholarships are available to players who may need assistance. Players are to stay in designated seating areas when not playing, Players remain socially distanced when not playing, reduced roster sizes for younger kids, no team huddles, no post-game handshake, limited equipment sharing. For more information contact challenger@masonyouth.org

<u>\*Miracle League Baseball</u>, sponsored by the <u>Cincinnati Recreation Commission</u>, offers athletes with or without disabilities an opportunity to have fun and participate in an organized and competitive league. Plans to restart in early May or June but currently no hard dates.

<u>Special Olympics Ohio</u> located in Columbus OH provides year-round training and competition in various sports areas for children ages 5 years and older who are identified to have mental or developmental disabilities. The Summer Special Olympics is scheduled for June 24th - June 26th. <u>Find your local chapter</u>.

#### <u>Swim:</u>

\*Cincinnati Recreation Commission offers Adapted Aquatics Programs in their year-round warm water swimming pool located at the Mt. Auburn Community Center. Several water entries and exits are available, including a pool chair lift and "easy ladder" with hand railings. Currently closed plans to reopen in the fall. Membership fees vary by age. Membership includes entry to all CRC Recreation Centers, access to activities and programs advertised as "free with membership: and is valid for 12 months from the date of purchase. Review website for more information.

<u>YMCA of Greater Cincinnati</u> offers adaptive swimming lessons for ages 3 and up who have a disability. It also provides training sessions for Special Olympics athletes. The class provides special attention that may be difficult to get in a group

lesson. Individual or small group lessons are provided by both paid and volunteer staff. Instruction is based on the needs of the participant. Swim lessons are also available for children of all other abilities and levels of skill.

### **Comprehensive Listings:**

<u>ADHD / LD Camp Directory</u>, provided by <u>ADDitude Magazine</u>, is a comprehensive list of summer camps, programs, and helpful articles.

<u>Autism Speaks</u> has an online directory of recreation and community activities in Ohio or you can <u>select the state</u> you are interested in.

<u>American Camping Association</u> provides information on camps for children with special needs. Select whether you want a day or overnight camps. You can then scroll down the page to refine by area of interest including disability, gender, age, and activities.

\*Cincinnati Family Magazine publishes an annual guide to local camps and summer programs and an update on recreation programs.

\*Cincinnati Parent Magazine has an online camp directory.

\*Kids Camps has information on day camps and specialty camps as well as those that provide opportunities for children with special needs.

\*MySummerCamps.com is a comprehensive, easy-to-use directory and guide of summer camps, and summer experiences for kids, teens, and youth, featuring a special section on special needs camps.

\*Starfire Council of Greater Cincinnati has recreational and community service outings for teens through adults.

\*<u>The Cincinnati Summer Camps Guide 2023</u> provides a list of all kinds of summer camps including STEM camps, art camps, theater camps, sports camps, and many more.