

2015-2016 Annual Report





MindPeace Mission & Vision

The mission of MindPeace is to improve access to high quality mental healthcare for all children in Greater Cincinnati.

The long-term objective of MindPeace is to ensure that there is a seamless system of mental health care for children that meets specific characteristics of quality, provides a continuum of care, has system connections, and is affordable.

Increasing access to quality mental health care and school based mental health services is a priority. MindPeace serves as a co-leader of the School Based Mental Health Network. We strive for real partnerships between community learning centers (CLCs)/schools, and mental health providers chosen by the community. This results in full time presence, integration, alignment and shared outcomes, accountability and continuum of services at the school.

Mt. Washington School has a wonderful partnership with MindPeace. Due to their on-going support we now have a fine tuned mental health service program that is a model for the district. The client base has expanded tremendously and our mental health partner continually introduces new programs to meet the ever changing needs of our students and their families! MindPeace has been instrumental in fostering the relationship between our school and our mental health provider, and our students and families have benefited so much as a result of these combined efforts.

- Debra Klein, Principal & Ilene Hayes, Resource Coordinator



In the News

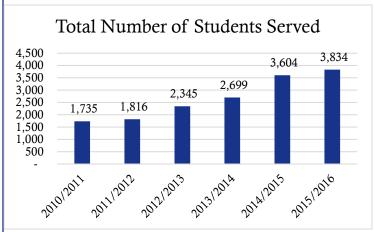
On May 4, 2016 a Proclamation sponsored by Councilman PG Sittenfeld proclaimed May 5, 2016 as "National Children's Mental Health Awareness Day" in Cincinnati. This helped to generate awareness about children's mental health and the efforts of MindPeace and school based mental health partners.

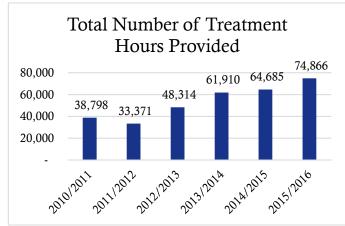
School Based Mental Health by the Numbers

In the 2015-2016 school year with the support of MindPeace:

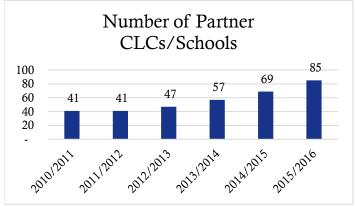
- 85 CLCs/schools had a lead school-based mental health partnership with an organization chosen by their community
- Over 150 mental health professionals were in CLCs/schools on a full-time basis
- Over 48,700 students had access to quality mental healthcare
- 72% of students referred for mental health services were connected to care
- 74,866 hours of treatment services were provided (therapy, medication management, case management)
- 6,030 hours of supportive intervention services were provided (crisis support, positive behavioral support, consultation with school staff)

Treatment Data for School Based Therapy









Suicide Awareness and Postvention Efforts

MindPeace worked closely with CLCs/schools affected by suicide and SERA (Suicide, Education, Research and Advocacy Collaborative) to develop postvention teams and provide information and support to the students, staff, and families. Through our school based mental health infrastructure, MindPeace worked with our community partners including Mental Health America to more intentionally get training opportunities and suicide prevention materials to students, their families, staff and community members. MindPeace and the School Based Mental Health Network also partnered with Cincinnati Children's Hospital Medical Center to pilot technology that will be used as a tool to help professionals better assess a student's risk of suicide in the school environment.

MindPeace CLC / School Based Partnership List



Greater Cincinnati Schools

CPS Charter Schools

Carpe Diem High School

Deer Park Community Schools

Deer Park Jr. Sr. High School Amity Primary Holmes Elementary

Great Oaks Career Campuses

Diamond Oaks, Scarlet Oaks & Laurel Oaks

Indian Hill Exempted Village School District

Indian Hill High School Indian Hill Middle School Indian Hill Elementary School

Loveland City School District

Loveland High School Loveland Middle School Loveland Intermediate School Loveland Elementary Loveland Primary School

Madeira City Schools Mariemont City Schools

Mariemont High School Mariemont Jr. High School Mariemont Elementary School Terrace Park Elementary

Oak Hills Local School District

Oak Hills High School Bridgetown Middle School Delhi Middle School Rapid Run Middle School

St. Bernard-Elmwood Place School District

St. Bernard Elmwood Place High School
Elmwood Place Elementary
St. Bernard Elementary
Wyoming City Schools
Wyoming High School
Wyoming Middle School
Wyoming Primary Schools

Cincinnati Public Schools (CPS) - detailed list of Community Learning Centers on other side

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Type of Payment Enclosed Check	d (check one): Credit Cash	
Credit Card Type:		Please Circle One:
Credit Card Number:		One-Time Donation
Expiration Date:	CSC Security Code:	Reoccurring every month(s)

MindPeace CLC / School Based Partnership List

Cincinnati Public Schools (CPS)

Aiken High School Academy Multilingual Immersion Studies (AMIS) Academy of World Languages Elementary School (AWL) Bond Hill Academy Elementary School Carson Elementary School Chase Elementary School **Cheviot Elementary School** Clark Montessori High School College Hill Fundamental Academy Covedale Elementary School Gilbert A. Dater High School Dater Montessori Elementary School Fairview-Clifton German Language School Frederick Douglass Elementary School Ethel M. Taylor Academy **Evanston Academy Elementary School** James N. Gamble Montessori High School Hartwell Elementary School George Hays-Jennie Porter Elementary **Hughes STEM High School** Hyde Park School John P. Parker Elementary School Kilgour Elementary School Midway Elementary School Mt. Airy Elementary School Mt. Washington Elementary School

Oyler School Parker Woods Montessori Pleasant Hill Elementary School Pleasant Ridge Montessori School Rees E. Price Elementary School Riverview East Academy Roberts Academy Rockdale Academy Elementary School Roll Hill School Roselawn Condon Elementary School Rothenberg Preparatory Academy Sands Montessori Elementary School Sayler Park Elementary School School of Creative and Performing Arts (SCPA) Shroder Paideia High School Silverton Paideia Elementary School South Avondale Elementary School William H. Taft Elementary School Robert A. Taft Information Technology High School Virtual High School Walnut Hills High School Western Hills University High School Westwood Elementary School Winton Hills Academy Elementary School Withrow University High School Woodford Paideia Elementary School Woodward Career Technical High School

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Donation Form

North Avondale Montessori Elementary School

Mail Payments To:

MindPeace 5642 Hamilton Ave. Cincinnati, OH 45224

Checks Payable to: MindPeace

For Questions Please Call (513) 803-0844

Dr. Barbara Boat Presenting at the Teachers Training

South Avondale Elementary recognized a need for trauma-informed care after children were noticeably

becoming desensitized to the community violence surrounding them in the summer of 2015. Teachers were also noticing overactive and aggressive behaviors in the classrooms, and were spending up to 60 minutes a day addressing these situations.

MindPeace put a collaborative team together to help with intervention efforts. A training was held for all of the teachers; a trauma-informed newsletter was developed by the team and distributed to all staff, and parents' concerns were heard at the monthly parent and family meetings. Additionally, a school-news and safety patrol team was designed and implemented during the school year. Teachers also began implementation of various calming strategies in their classrooms.

Support was provided to the school staff and community, and all direct support was given to the students. After trainings and intervention efforts, teachers' classroom behavioral concerns were reduced by 50%.

Paper Tigers is a documentary that puts Trauma Informed Care into practice for at-risk teens within a high school located in the State of Washington. The starring teachers and students of Lincoln Alternative High School showcase their trials, tribulations, successes and milestones of non-punitive approaches for their relationships between one another. This year, MindPeace hosted viewings at the United Way with TriState Trauma Network, and at Oyler School and Taft Elementary. The audiences of school staff watched the documentary and engaged in discussion about the film. Many of the attendees shared their own experiences and discussed ways that Trauma Informed Care can be utilized in their own schools. Attendees said they would recommend this documentary to individuals working closely with students whose lives have been impacted by Adverse Childhood Experiences and trauma.

Trauma-Informed Care

Trauma-informed care is a program, organization, or system wide approach to realizing the impact of trauma and the potential paths to recovery, recognizing the signs and symptoms of trauma, responding with integrated knowledge of trauma into policies, procedures, practices, and seeks to resist re-traumatization.

SAMHSA. (2015, August 14). Trauma-Informed Approach and Trauma-Specific Interventions. Retrieved from http://www.samhsa.gov/nctic/trauma-interventions



Trauma-Informed Newsletter



Paper Tigers Viewing at Oyler School

If interested in collaborating with MindPeace to host a viewing of *Paper Tigers*, call (513)803-0844.

As a school system we are committed to providing our students and families with the best possible access to mental health services. Working with MindPeace connected us to a systematic approach to find a school based partner that fit our needs. Once our school based partnership was established, MindPeace has continued to assist our team in monitoring effectiveness and refining our practices. MindPeace has been a vital member of our team in Deer Park.

- Dave Bergan, Director of Student Services, Deer Park Community Schools

Thank You to Our 2015 - 2016 Donors!

- Andrew Jergens Foundation
- Cincinnati Woman's Club
- The Daniel and Susan Pfau Foundation
- The Greater Cincinnati Foundation
- Interact for Health
- Jack J. Smith Charitable Trust
- Lawrence Family
- Louise Taft Semple Foundation
- Robert and Adele Schiff Family Foundation
- Shannon and Lee Carter Family Fund of the Greater Cincinnati Foundation
- The Stillson Foundation
- Thomas J. Emery Memorial



Collaborators

Beech Acres Parenting Center

Central Clinic

Child Focus, Inc.

Children's Home of Cincinnati

Cincinnati Children's Hospital Medical Center

Cincinnati Public Schools

Community Learning Center Institute

Deer Park Community Schools

Great Oaks Career Campuses

Greater Cincinnati Behavioral Health Services

Growing Well Cincinnati

Hamilton County Mental Health & Recovery Services

Board

Indian Hill Exempted Village School District

Interact for Health

Lighthouse Youth Services

Loveland City School District

Madeira City Schools

Mariemont School District

Mental Health America of Northern Kentucky &

Southwest Ohio

Oak Hills Local School District

St. Aloysius Orphanage

St. Bernard-Elmwood Place City Schools

St. Joseph Orphanage

Talbert House

TriHealth

TriState Trauma Network

Wyoming City School District

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