

Signs of Suicide Program with Kings 7th Graders

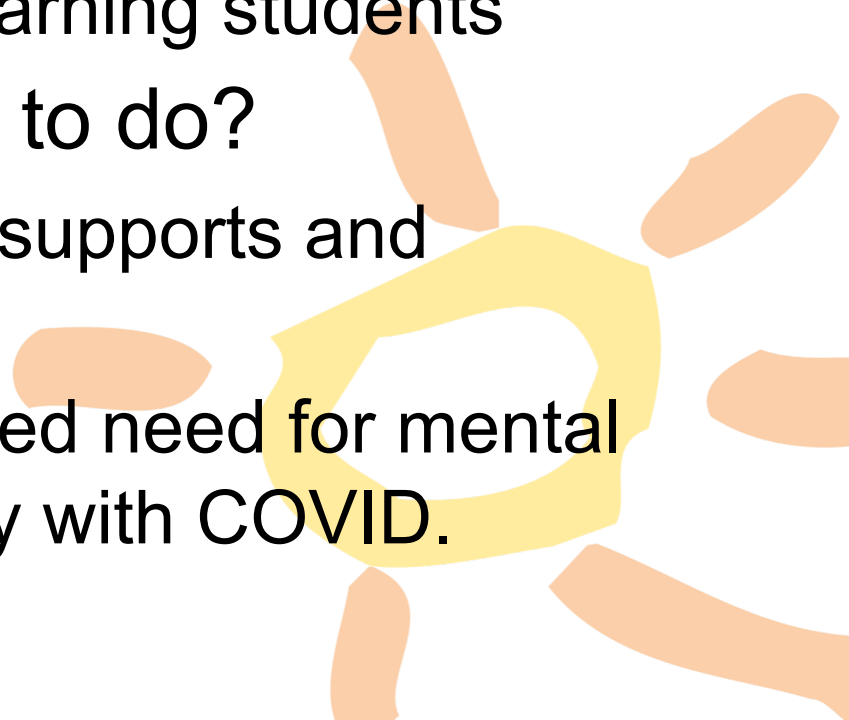
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Need/ Background

- Student demographics
 - KJH 7th graders (8th graders did Adapt for Life)
 - 298 students (a couple opted out)
 - Did not include remote learning students
- Why was this important to do?
 - Need for Tier I Universal supports and screening
 - Seeing a trend of increased need for mental health supports, especially with COVID.



Before You Begin

It's important to have a strong mental health team for this program. Must have:

- Room in caseload for new therapy referrals (anticipate about 5-10% of those screened will have a referral)
- Staff availability day of screening (25-45% of students will have a private conversation with a mental health professional).
 - Plan for 1 mental health professional for every 25 students.

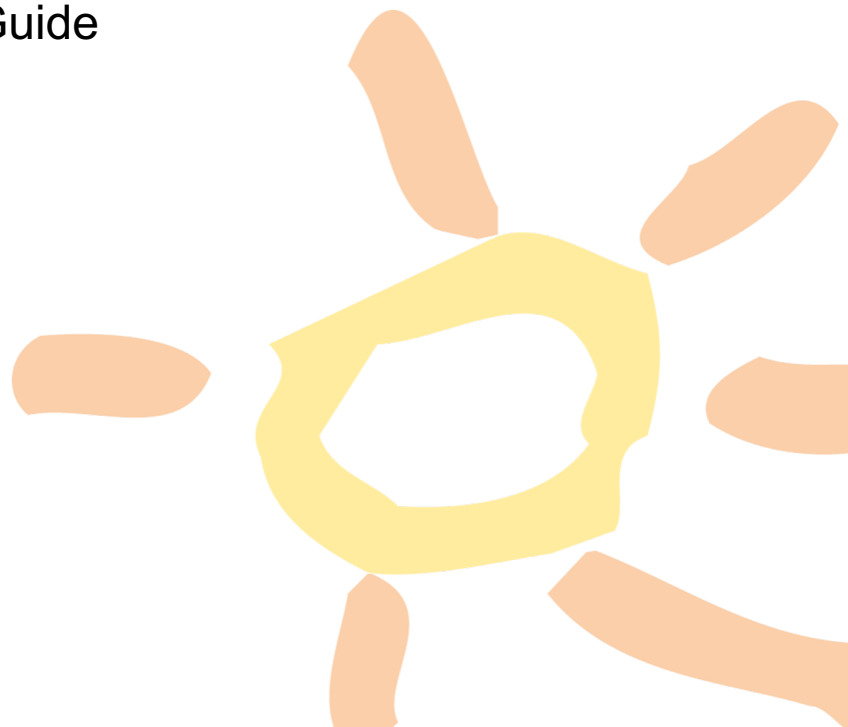
Thank you Beech Acres Parenting Center
and MindPeace!

Preparation

- Meetings
 - Met at the end of January for a planning meeting led by Elana with MindPeace.
 - Met again a week before to finalize all last minute details
- Communication to School Staff
 - Detailed lesson plan (including Sample Teacher Script and Discussion Guide)
 - Allowed teachers to screen videos
- Communication to families and students
 - Parent (passive consent) letter sent ahead of time and again the day of. Provided access to review materials [SOS Parent email communication.docx](#)

S.O.S. Logistics & Materials

- Total of 13 classrooms (Social Studies). One teacher plus one mental health professional to deliver first hour, then follow up with identified students the rest of the day
- Private space for individual follow up with students
- Materials for S.O.S. Facilitators - (Therapists, Counselors and Teachers)
 - SOS Lesson Plan with Discussion Guide
 - Student Room Assignments
 - SOS Day of Schedule
 - Student Screeners
 - SOS Handout for students
 - SOS Follow Up Assessment Forms
 - Safety Plan
 - CSSR Brief & Full
 - KJH Building Map
 - Referral Forms
 - SOS Database in Google Sheets

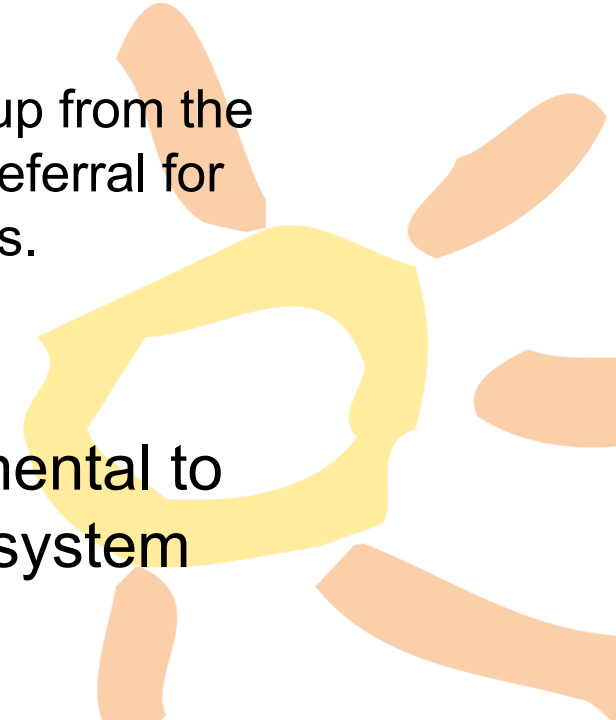


What happened the day of the screener?

- All students reported to Bell 1 for attendance and announcements. They were then sent to their Social Studies class.
- S.O.S. Presentation started at 7:30 am. Took about 45-60 minutes to complete (screener given).
- Had 14 counselors/mental health professionals in the building all day to meet with students identified at risk by the screener. All needed private meeting spaces.
- Students pulled out of class throughout the day to meet with counselors (a call was made to each class and a counselor went to meet them).
- Some students identified peers who need to speak with a counselor, so some 8th grade students were pulled as well.

Our Results

- Referrals, hospitalizations, etc.
 - Results:
 - 2 students sent to Cincinnati Children's. PIRC notified ahead of time.
 - 72 students assessed/met with a therapist or counselor on the day of and 11 more the two days following.
 - 17 students required additional follow up from the school counselor. Some resulted in a referral for school based therapy with Beech Acres.
 - 15 students were referred for therapy.
 - 298 total received S.O.S. education.
 - Elana from MindPeace was instrumental to us the day of inputting data, triage system and reporting.



Challenges and Learnings

- Front office staff were an integral part.
- Meet with teachers in person before implementing S.O.S. in the future.
- Do not let any students sit in the front office waiting for their parent. Possibly designate a MH professional to sit with students who cannot return to class.
- Implement S.O.S. early in the year if possible.

