District-Wide MindPeace Rooms™ and Learnings

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# Student Population

- 13 public schools serving 10,082 students
    - 8 elementary buildings (PK-6th grade)
    - 2 middle schools (7th & 8th grades)
    - Freshman campus
    - Main campus (10th-12th grades)
    - Alternative programming building called the Miami School

HCSD can be described as a suburban/urban school district. Our student population has a high incidence of trauma, resulting in frequent outbursts, absences, missing class, and ultimately suspensions and expulsions due to disruptive behaviors. Historically, a portion of our population is transient. About 70% of our student population qualifies for free or reduced lunch.

Why MindPeace Rooms™

After researching several options for social and emotional supports, the district ultimately landed on MindPeace Rooms due to their manualized protocol, evidence-base, and data collection procedures. Our district was seeking to expand Tier 2 supports as an intervention within the all school buildings.
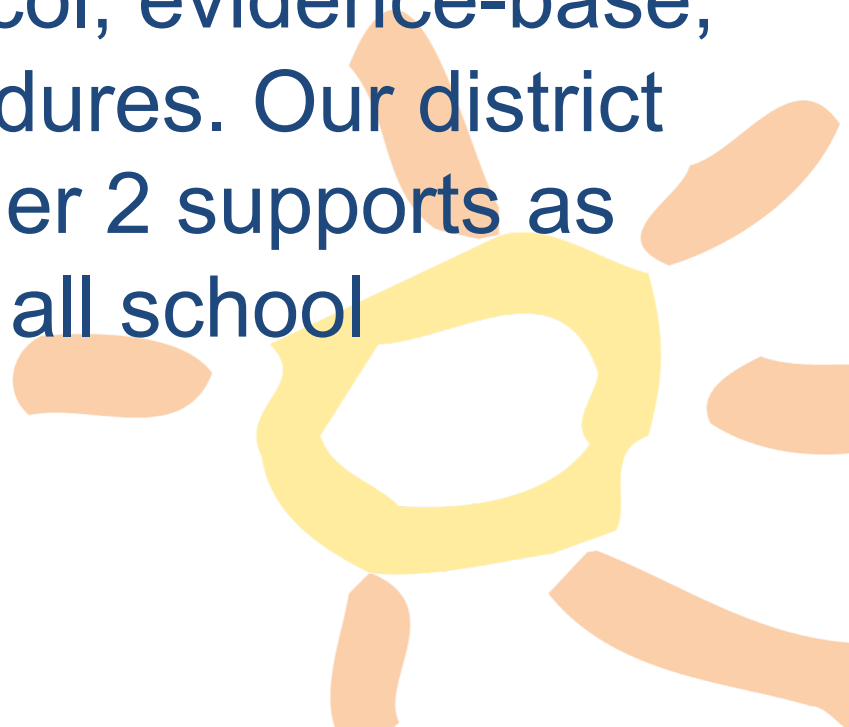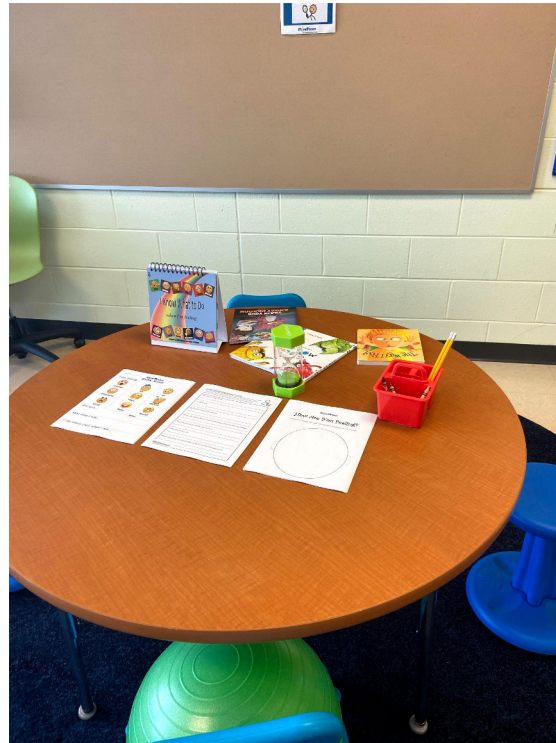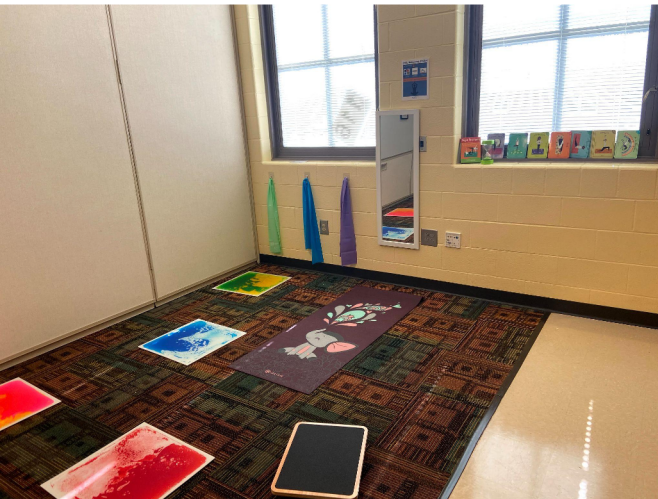
What Happened

- The rooms were funded as part of the K-12 Prevention Education Initiative.

- The district's Executive Director of Student Services, Brandon Stanfill, in collaboration with building principals made the decision to implement the MindPeace Rooms as an investment in our students' social emotional needs across all buildings during the 2020-2021 school year.

New MindPeace Rooms- Photos

What Happens After?

- What makes a MindPeace Room successful?
  - Students regulate themselves & return to class
  - Staff understand/see the value
  - Student develops sense of ownership, and ability to learn coping strategies
  - Expectations become clear, so use over time becomes easier

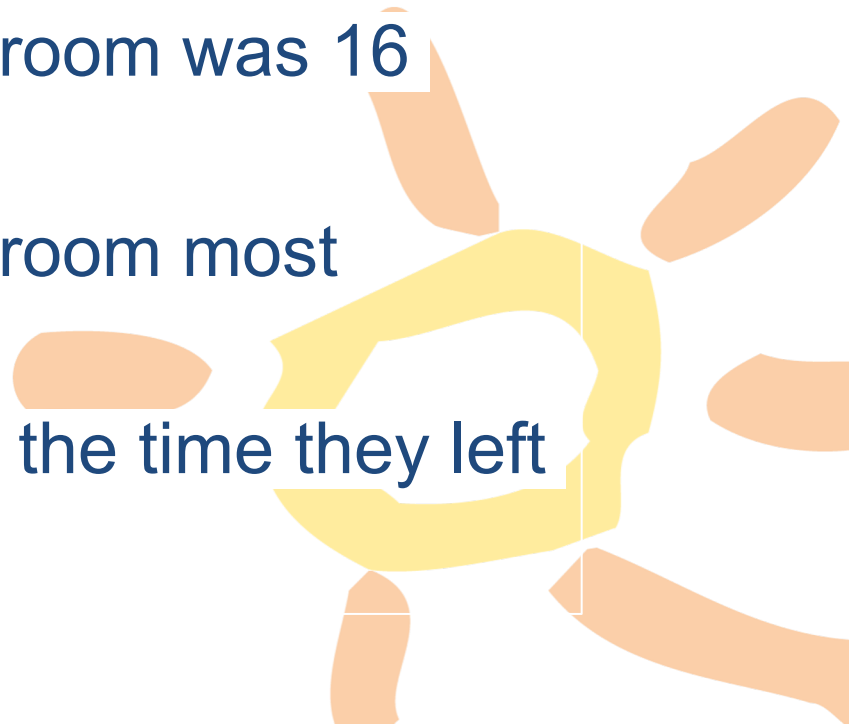# What does MindPeace do that is helpful?

- Provide the structure & expectations for the room
- Provide the training for staff
- Review the data and problem solve
- Bought the materials and set the rooms up (minimal time required by school staff)
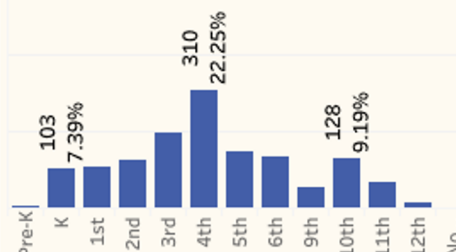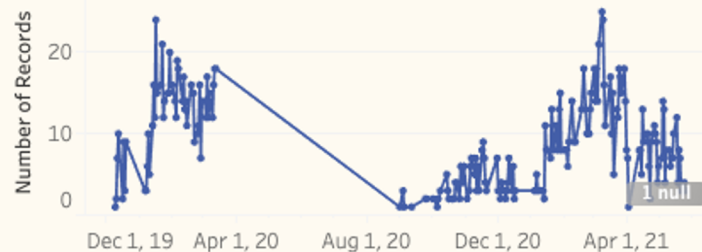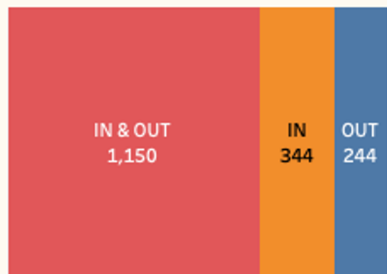- Ongoing support throughout the year

Results

Since December 2019:

•Currently 11 schools with a MindPeace Room

•410 Students visited a MindPeace Room a total of 1,738 times.

•Students median time in the room was 16 minutes.

•4th grade students used the room most (22.25%).

•Students deescalted 28% by the time they left the MindPeace Room.

IN & OUT 1,150 — **IN** 344 — **OUT** 244

Number of Records timeline: Dec 1, 19 – Apr 1, 21 (1 null)

Grade distribution bar chart: Pre-K, K (103, 7.39%), 1st, 2nd, 3rd, 4th (310, 22.25%), 5th, 6th, 9th, 10th (128, 9.19%), 11th, 12th, No...

Filters

School
(Multiple values)

Key Metrics

Total Visits	Total Students	Median Time Spent	Avg. De-Escalation
1,738	410	16	1.4

Visit Date
December 9, 2 May 25, 2021

Grade
(All)

Behavior Plan Flag
(All)

Student Name
(All)

Student ID
(All)

Top N
10

Emotion Metrics

Emotions Reported (Top 10)

Emotion	Value
ANGRY	200
ANNOYED	50
ANXIOUS	91
FRUSTRATED	57
HAPPY	334
SAD	96
SILLY	40
STRESSED	202
TIRED	57
TOO MUCH ENERGY	56

Intensity of Emotion

IN

0	1	2	3	4	5
141	60	143	304	429	410

OUT

0	1	2	3	4	5
304	343	253	182	136	175

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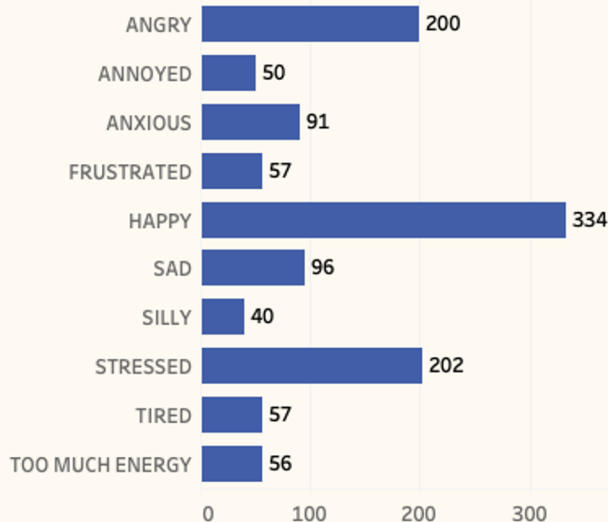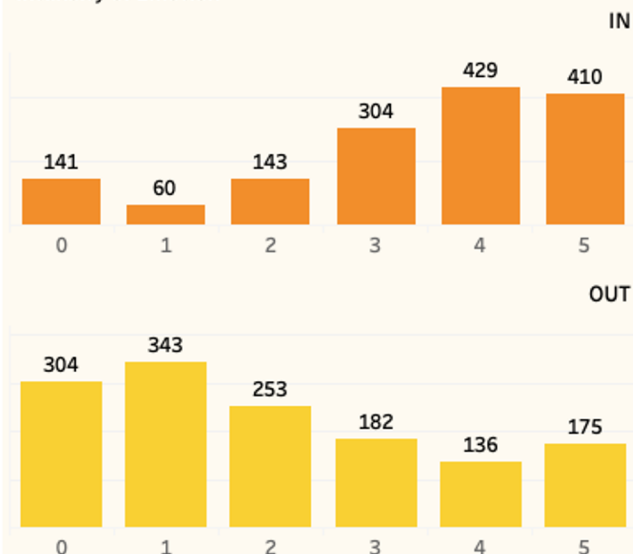
Top Ranking

<Frequent Users> (Top 10)

Rank	Student Initials	School1	Grade1	Last Visit	Median Time Spent	Avg De-escalation	Total Visits	
1	T.Y.	Fairwood	4th	2020-03-12 ..	20	1.31	49	49
2	C.S.	Fairwood	6th	2020-03-12 ..	21	2.57	31	31
3	T. .	Fairwood	4th	2020-03-12 ..	21	0.63	30	30
4	J. .	Crawford Woods	2nd	2021-05-20 ..	9	0.89	28	28
5	G.E.	Crawford Woods	4th	2021-05-25 10:01:00	14	2.21	26	26
6	H.B.	Crawford Woods	4th	2021-05-19 ..	14	1.31	26	26
7	C.E.	Fairwood	K	2020-03-12 ..	18	1.09	25	25
8	S. .	Fairwood	5th	2020-03-12 ..	14	2.36	25	25

MindPeace Room Metrics

Week Day

Day	Percentage
Null	0%
Mon	18%
Tue	21%
Wed	22%
Thu	22%
Fri	17%

Time of Day

Time	Percentage
Null	0%
12 AM	0%
6 AM	0%
7 AM	2%
8 AM	3%
9 AM	12%
10 AM	13%
11 AM	10%
12 PM	11%
1 PM	23%
2 PM	21%
3 PM	5%
6 PM	0%
7 PM	0%
10 PM	0%

Resources

Resource	Count
Balance Board	506
Breathing Ball	426
Fidgets	703
Mindfulness	446
School Work	47
Self-Reflection	290
Soft Seating	528
Sound/Music	497
Talking with Someone	623
Yoga	180

Stations

Station	Count
Body-Movement Station	934
Mindfulness Station	985
No Station	85
Self-Reflection Station	698

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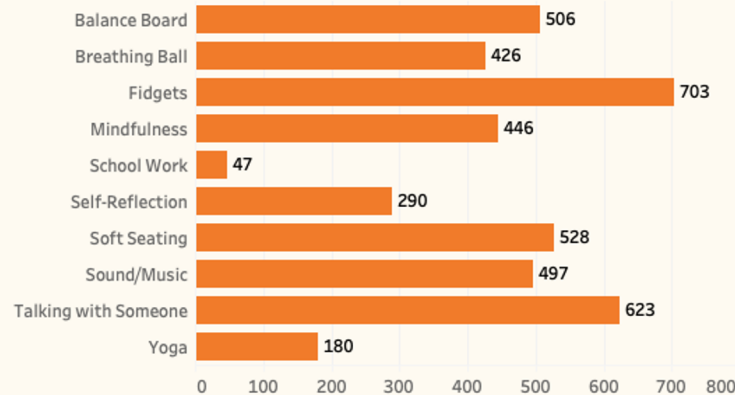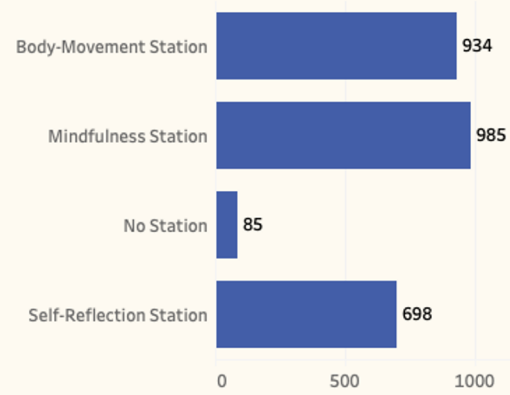
Challenges & Learning

- Training staff on appropriate use and students who may benefit from the Mindpeace Room (inappropriate referrals)
- Students not wanting to participate in all stations
- Students forgetting to log in/out → data collection
- Finding the appropriate staff to "run" or manage the rooms
- Finding the "best spot" in the building

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