

2013-2014 Annual Report



Our Mission

The mission of MindPeace is to improve access to high quality mental healthcare for all children in Greater Cincinnati

The long-term objective of MindPeace is to ensure that there is a seamless system of mental health care for children that meets specific characteristics of quality, provides a continuum of care, has system connections, and is affordable.

School Based Mental Health

To increase access to quality mental health care, school based mental health services are a priority. MindPeace serves as a co-leader of the School Based Mental Health Network. We strive for real partnerships between community learning centers, schools, and mental health providers chosen by the community, resulting in:

- Full time presence
- Co-location
- Integration, alignment, & shared outcomes
- Accountability
- Continuum of services

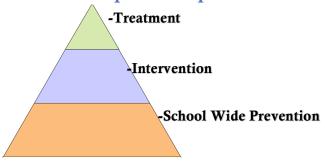


"Our partnership with MindPeace and Mt. Washington School has been priceless. Mental health services are provided for students and families by our co-located mental health partner, Beech Acres, which in turn supports the academic success of our school. Taking care of our client's basic needs clears the way for teaching and learning - our core business. MindPeace has worked with this team to help us continue to improve access to mental health services. We are proud to partner with MindPeace and know that they are an integral part of our Mt. Washington Community."

Debra Klein, Principal, Mt. Washington School

Pyramid of Intervention

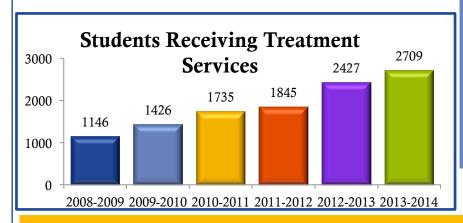
A collaborative model for school based mental health partnerships



The model assumes a positive support tone- prevention and relationship building- and Positive Behavior Supports (PBS).

Business Model

MindPeace works with community partners to continue the development of a sustainable, school based mental health model that supports students with any payer sources including Medicaid, private insurance, and self-pay. Our goal is that mental health services are provided at no cost to schools. The estimated value of previous years treatment services is approximately \$4 million per year provided through Medicaid, state and local mental health levy dollars. This estimate excludes supportive intervention services.



School Based Mental Health by the Numbers

In the 2013-2014 school year with the support of MindPeace:

- 62 schools had a lead school-based mental health partnership with an organization chosen by their community
- 142 mental health professionals were in schools on a full-time basis
- Over 41,000 students had access to quality mental healthcare
- 78% of students referred for mental health services were connected to care
- 51,696 hours of treatment services were provided (therapy, medication management, CPST)
- 5,784 hours of supportive intervention services were provided (crisis support, positive behavioral support, consultation with school staff)

"There is a crucial link between good mental health and the academic success of the 21st century student. MindPeace has been instrumental in working with us to collaboratively create a violence prevention plan addressing a wide range of concerns (school adjustment, attendance problems, potential dropouts, substance abuse, relationship difficulties and violence). Over the past 5 years we have seen a dramatic decrease in unwanted behaviors as a result of the school-based programs that have been developed for early intervention, crisis prevention and the promotion of positive social/emotional development."

Shauna Murphy, Principal, Woodward Career Technical High School



Transitions in Care

MindPeace continued projects to increase continuity of care for students transitioning from elementary school to high school and for students transitioning from high school to adult services. The 37 elementary mental health teams were given on-site training on process improvement for the transition to high school. Families and students were given educational materials that were fun and easy to read about the benefits of transitioning care to high school.

MindPeace continued the partnership with JOURNEY to Successful Living to help guide the transition process to adult services for high school mental staff, junior and seniors receiving mental health services and their families. Seventeen high schools were visited for on-site training on how to use the materials. Over 70 students and their families benefitted from the training.

Searchable Database of Mental Health Providers

- During the past year, over 4,000 unique searches were made within the database
- Improvements were made that allow users to view search results on a map view
- To spread the word on the database and other resources available on the website, tear off pads for pediatric practices were developed
- Pads were personally delivered to over 75 community pediatrician offices

Health Integration

Many students suffer from depression with symptoms that are not recognized, so they go without help. In an effort to identify and help these students get access to needed mental health services and to improve the integration of primary care and mental health care, a pilot was conducted at Withrow High School with the School Based Health Center, mental health partner, and school staff. A screening tool, the Patient Health Questionnaire Modified for Teens (PHQ-9 Modified), was used during all physicals and a process for handling referrals was developed to ensure that students with signs of depression or suicide were able to receive timely help. As a result of the pilot, the process is being replicated in all high schools with school based mental health centers next year!

"There can be many growing pains with partnerships. MindPeace has been instrumental in navigating and helping work through these, particularly at the site level. This leadership has been vital in making sure that the mental health partnerships in our schools continue to operate at the highest level possible."

Annie Bogenschutz, Community Learning Center Institute

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Collaborators

- Beech Acres Parenting Center
- Central Clinic
- Child Focus
- Children's Home of Cincinnati
- Cincinnati Children's Hospital Medical Center
- Cincinnati Pediatric Society
- Cincinnati Public Schools
- Community Learning Center Institute
- Diamond Oaks Career Campus
- Growing Well Cincinnati
- Hamilton County Mental Health & Recovery Services Board
- Interact for Health
- LifePoint Solutions
- Lighthouse Youth Services
- Oak Hills Local School District
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- St. Bernard-Elmwood Place City Schools
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- Wyoming City School District

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