



2019/2020 Annual Report



Our mission is to ensure a seamless system of mental health care for children and adolescents that meets specific characteristics of quality, provides a continuum of care, has system connections, and is affordable.

Increasing access to quality mental health care through the improvement and expansion of school-based brain health services is a top priority. MindPeace serves as co-leader for the School Based Mental Health Network, where youth agency providers come together to identify and overcome systemic barriers to care and collectively share key learnings and resources.

We strive to co-create strong, sustainable partnerships between community learning centers (CLC's)/schools and behavioral health providers, which are selected by community stakeholders. This results in full-time integrated and aligned support for students, as well as shared outcomes, accountability and a continuum of services to help each school community thrive!

I deeply appreciate the commitment that MindPeace and its community mental health partners have for students and families in the district. In the past year, the district has partnered with MindPeace to provide in-building and virtual de-escalation rooms, training, consultation, mental health programming, and individual therapy. We rely on MindPeace's collaborative expertise in prevention as well as intervention. This long standing partnership has been critical in improving mental health access across the district.

-Carrie Bunker, Cincinnati Public Schools



There are 180 schools in the MindPeace collaborative



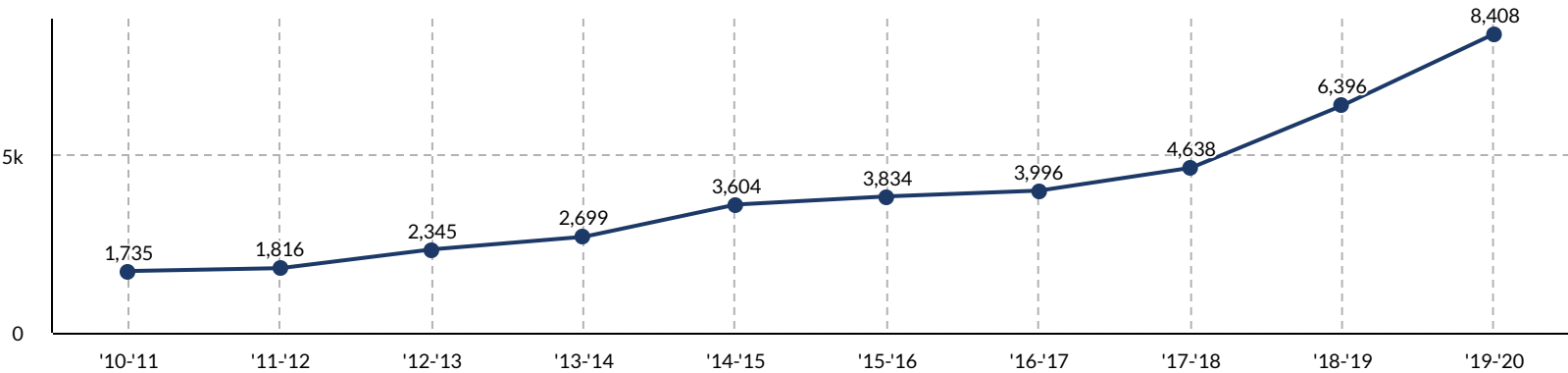
MindPeace partners with 22 local school districts



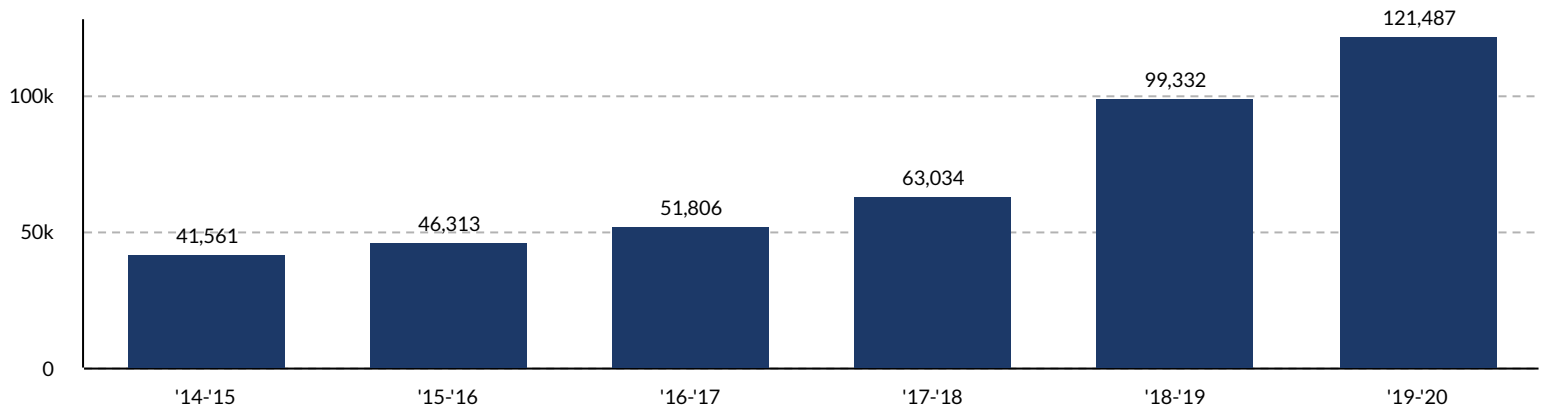
19 behavioral health agencies are currently partnered with MindPeace

School Based Mental Health Services Impact

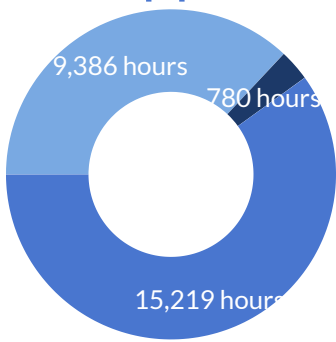
Students in Treatment



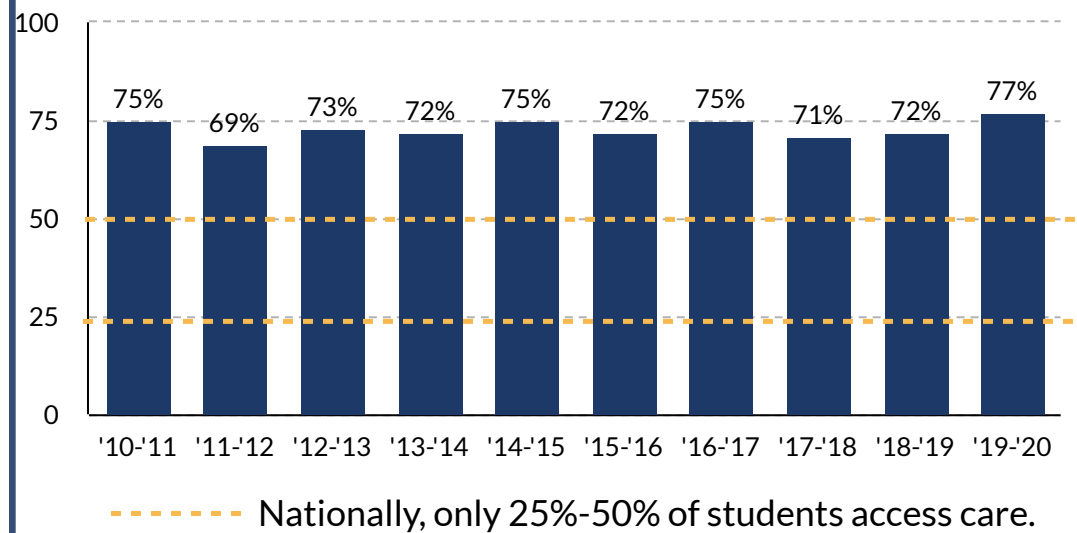
Students with Access to Mental Health Treatment



Prevention Support



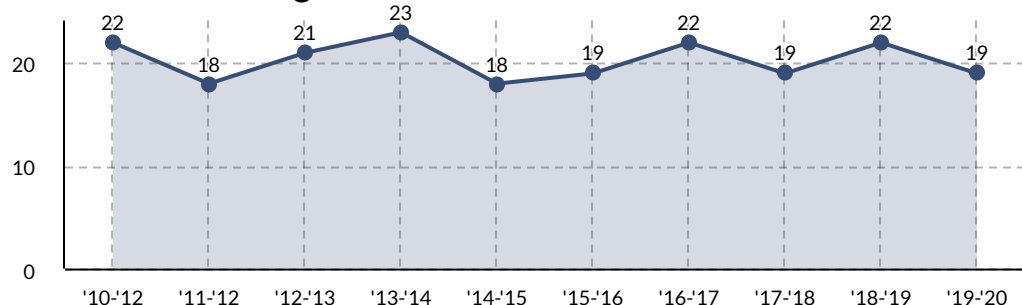
Access to Care



X2

Planning & Consultation hours more than doubled from the 2018/2019 school year!

Average Hours in Treatment Per Student



Help Children and Teens Thrive! Donate to MindPeace!

All operating funds are made possible through grants and private donations!

Where does your donation go?



\$40- One month of website hosting

\$ 200- One hour of consultation and technical support to school partners

\$1,000- Creation of a calming corner in a classroom

\$5,600- Development and implementation of a high school MindPeace Room

\$10,000- The Annual MindPeace Education Summit

Donations may be sent to:

MindPeace
5642 Hamilton Avenue
Cincinnati, Ohio 45224

For credit card donations, please visit: www.MindPeaceCincinnati.com/donate

Thank You Donors!

Bioré Skincare

Shannon and Lee Carter Family Fund of the
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The Cindy and Joe Murphy Giving Fund

Neediest Kids of All

The Daniel and Susan Pfau Foundation

Robert and Adele Schiff Family Foundation

The United Way and Greater Cincinnati
Foundation

Many Generous Individuals



Our Partners are the Best!

Agencies

Beech Acres Parenting Center

Butler Behavioral Health Services

Catalyst Counseling, LLC.

Catholic Charities Southwestern Ohio

Camelot Community Care

Central Clinic

Child Focus, Inc.

The Children's Home of Cincinnati

Cincinnati Children's Hospital Medical Center

Community First Solutions

The Counseling Source

Greater Cincinnati Behavioral Health Services

Lighthouse Youth and Family Services

Solutions Community Counseling

St. Aloysius

St. Joseph Orphanage

Talbert House

TriHealth

Organizations

1N5

Mental Health America of Northern Kentucky and Southwest Ohio

Cincinnati Health Department

Community Learning Center Institute

Companions on a Journey

Growing Well Cincinnati

Hamilton County Mental Health & Recovery Services Board

The Health Promotion and Education Program at the University of Cincinnati

Interact for Health

LifeSpan

TriState Trauma Network

School Districts

Cincinnati Public Schools

Deer Park Community Schools

Finneytown Local School District

Great Oaks Career Campuses

Hamilton City School District

Indian Hill Exempted Village School District

Lakota Local Schools

Lebanon City Schools

Lockland School District

Loveland City School District

Kings Local School District

Madeira City Schools

Mariemont School District

Mason City Schools

Northwest Local School District

Oak Hills Local School District

Princeton City Schools

Ross Local Schools

St. Bernard-Elmwood Place City Schools

St. Xavier High School

Sycamore Community Schools

Ursuline Academy

Wyoming City School District



MindPeace Rooms™

Supporting students in preschool through 12th grade, MindPeace Rooms enable youth to develop caring relationships with adults, self-regulate their emotions and behaviors, and find academic and social success. The repertoire of resiliency skills developed through MindPeace Rooms, such as understanding and naming feelings, mindfulness, and calming and refocusing the brain, are game-changing tools for which children can draw upon throughout their life as challenges arise.

Over 20 MindPeace Rooms are available now in early childhood, elementary and high schools!

Virtual MindPeace Rooms™: Open the Door



K-2nd
Grade
Virtual
Room



3-6th
Grade
Virtual
Room



7-12th
Grade
Virtual
Room

MindPeace launched the Virtual MindPeace Rooms™ that are age appropriate (K-2nd grade, elementary and teen) <https://mindpeacecincinnati.com/virtual-mindpeace-rooms/> for both students learning in school and remotely to practice and build social emotional and resiliency skills. It's been extremely well received by mental health agencies and school teams.

COVID-19 Response

Because of COVID 19, MindPeace is working to make sure children receive care, removing barriers and providing resources to our partners and the community. Ultimately, MindPeace is working to strengthen our infrastructure / system of care. We have stretched ourselves to think differently and use technology differently to better serve the community. Now more than ever, children and adolescents need access to services, so our teams are focused on working with school teams to help increase the number of children continuing services and making sure new referrals are being made by school staff and parents. This is critical for the wellbeing of children and for the sustainability of mental health agencies.



Telehealth

MindPeace facilitated communications with our mental health partners to solve technical problems while launching telehealth, and we advocated to reduce barriers concerning access to technology and HIPAA. All mental health partners launched telehealth within 2 weeks.

Suicide Postvention

In partnership with Cincinnati Children's, the Suicide, Education, Research and Advocacy (SERA) Collaborative developed the protocol for responding to a student suicide during COVID. Information was sent to all Cincinnati school districts. This protocol is useful for any student death and was used unfortunately by some of our partner schools.

Trainings

MindPeace collaborated with partners to close the information gap. Working with the Mental Health & Addiction Advocacy Coalition (MHAC), we provided needed training resources to help therapists learn how to improve client engagement through a new platform - telehealth. MindPeace hosted a Grief and Loss Training by Dr. Barbara Boat for therapists to ensure grief and loss is part of all therapy during the Pandemic. MindPeace with our behavioral health partners hosted several Support Hours to support staff at CPS. The Virtual MindPeace Summit was a big success providing education to over 250 of our partners. Thanks to the Hamilton County Mental Health and Recovery Services Board, MindPeace is collaborating with 1N5 on the State of Mind Virtual Series to help provide tools about anxiety and depression, grief and loss and more.

Resources & Communications

The MindPeace Website was relaunched in order to navigate more easily, provide the opportunity to sign up to receive email, and provide COVID-19 specific resources. MindPeace also continually provides email content relevant to the needs faced by school staff, therapists and behavioral health agencies.



Meet the Team

Board of Directors

Mr. Lee Carter, Chairman	Mr. David Mentzel	
Ms. Victoria Parlin, Secretary	Ms. Orly Rumberg	Ms. Nancy Silverman
Dr. Barbara Boat	Dr. Michael Sorter	Mr. Jeff Brokamp
Ms. Nancy Eigel-Miller	Ms. Shauna Murphy	Mr. Kent Cashell



Susan Shelton, Executive Director

Susan has a BSEE and an MBA and worked in high tech industries for over 20 years in the areas of research and development, product management, manufacturing, marketing, and strategic planning. She was a founder of MindPeace as a volunteer of the Junior League of Cincinnati (JLC) and under Susan's leadership, MindPeace has earned numerous awards and national recognition.



Tina Russo, Program Director

Tina is retired from Cincinnati Public Schools where she served as a principal and leadership coach. She's also been the Director of The Children's Home School, worked for Lighthouse Youth Services, and was an adjunct faculty member at three local universities. She received her Ed.D. in Educational Administration, M. ED in Special Ed., and a BA in Psychology/Philosophy. Tina started her journey with MindPeace as a Board Member before moving into her current position where she helps improve and develop school based partnerships.



Elana Carnevale, Program Manager

Elana has a BA in Communication with a minor in Psychology, and a Master of Public Health degree. Since 2007 she has worked in the non-profit, healthcare industry, and the past 8 years have been focused specifically on childhood health. At MindPeace, Elana helps to implement quality improvement efforts in areas of suicide prevention, data analysis, transitions in care, trauma-sensitive learning, MindPeace Rooms, and technological advancements. Elana also supervises the internship staff.



Christy Berning, Program Manager

Christy holds a BA in Education with a special emphasis in Business and Communications. Over the past 25 years, Christy has held leadership roles within the fields of communications, education, and non-profit management. More recently, she's served as a Strategic Consultant for a number of local non-profit agencies specializing in parenting education, suicide prevention, and grief support. As Program Manager at MindPeace, Christy partners with school and agency teams to develop systemic solutions, connecting children and teens with critical brain health prevention, intervention and treatment.



Jessica Carroll, Program Manager

Jessica has a Master in Social Work and is a Licensed Independent Social Worker in Ohio and Florida. She has been licensed since 2008 and started working with adolescents in 2005. Jessica has also completed CAPP, a two year post graduate training program from the Cincinnati Psychoanalytic Center that focuses on normal and abnormal childhood and adolescent development. At MindPeace, Jessica helps manage mental health partnerships in the school with a goal of reducing barriers to care.



MindPeace hires 2-3 interns tri-annually to help support the work of MindPeace, and to provide valuable experience to our budding professionals.

Looking to access community resources or launch a new school partnership? Contact us!

