

## Parental Control & Screen Time Monitoring

### *Apps & Features*

**Screen Time for iPhone and iPad:** New feature of iOS 12 update for Apple device users. Screen Time can be enabled in the Settings menu, where users will be presented with their screen time usage for the entire day. Users can look at their most viewed apps and websites and how long they spent on them over the last 7 days. Users can set daily allotments for specified apps and websites, and there is an option to create a 4-digit passcode to extend or dismiss the limit (perfect for parents).

**Bark:** A mobile application that monitors text messages, emails and social activity for signs of harmful interactions and content. Bark's algorithms detect potential risks and automatically alert the responsible adult via email and text. Alerts include recommendations about easy ways parents can talk to their kids about digital dangers and other sensitive online issues. The app costs \$9 a month.

**ESET Parental Control:** Free mobile application for Android devices to guard children's access to content based on their age. App Guard shows parents suitable apps based on the Google Play content rating and gives them the ability to block inappropriate apps from being downloaded. Set maximum daily usage for parent-specified apps or prevent access to certain categories of apps (e.g. games, social) during school or bedtime. ESET supports wearable devices and has an in-app messaging service where children can request access to certain apps/websites and parents can send messages to children that must be read before the child can continue what they were doing on the phone (premium upgrade, annual fee of \$29.99).

**Kaspersky Safe Kids:** Free mobile application for Apple and Android devices that can block children's access to apps and adult content, block suspicious search results in browsers, personalize a list of sites and apps to block or allow, set device screen limits, allow access to blocked websites or apps if children request in-app, and easily manage rules or check a summary report of activity. Premium upgrade (annual fee of \$14.99) has additional features like call/text monitoring, alerts for calls/texts to specified numbers, public Facebook activity monitoring, and GPS tracking.

**Kidslox:** Free mobile application for Apple and Android devices that allows parents to block apps, in-app purchases, and installation of new apps unapproved by parents. Parents can also block access to inappropriate websites. Kidslox premium upgrade is \$3.99/month on the Apple Store and Google Play.

**Mobicip Parental Controls:** Mobile application for Apple and Android that can connect to multiple devices (cellphones, tablets, laptops, desktops) and set daily screen time limits or recurring weekly screen time schedules, block websites and inappropriate content, restrict

social media apps or games, locate connected family members, and filter video content on popular streaming services. Mobicip is cloud-based so it works with both Wi-Fi and data. Payment is based on the number of connected devices: \$39.99 for 5 devices to \$159.99 for 20 devices.

***OurPact Parental Control and Kid Tracker:*** Free mobile application for iPhone and Android devices that allows parents to control and schedule children's screen time, block certain apps/websites, block access to texting, and locate children using "Find My Family" and "Geofences" features.

- "Geofences" are areas parents can set around a determined location (like school or home). OurPact will notify the parent when the child leaves these locations

***Qustodio Parental Control:*** Free mobile application that can protect one child's device by setting screen time limits, monitoring web and search activity and block adult content. Parents will receive automatic daily activity reports and can access an online web-based dashboard and parents' app where they can view children's activity and set rules. Additional features with paid premium account include connecting to any device, tracking and blocking calls, monitoring SMS messages, and setting limits for games and apps (\$49.95/year-\$87.95/year)

***SaferKid:*** Mobile application for Apple and Android products that allows parents to see text message and web browsing history, limit screen time, and block adult content. SaferKid rates apps and content based on children's ages and analyzes the level of risk the app has for sexting, adult content, bullying, or meeting strangers. As children get older, parents can grant additional privacy privileges. One subscription covers all the devices in a family (\$99.99/6-month subscription).

***ScreenLimit – Parental Control:*** Free mobile application that can remotely block, unblock, or grant unlimited access to individual devices, synchronize a timer across all devices, set a time limit or schedule for school, homework, bedtime, etc., grant unlimited access to helpful apps (educational apps, reading apps) even when a schedule or time limit is set, use "Plans" feature to turn screen time into rewards. Additional features with premium subscription; yearly auto-renewing subscription \$38.18, one-time lifetime subscription \$95.35

***UnGlue:*** Paid mobile application for parental control and monitoring (\$8.33/month for a yearly subscription, \$11.99/month for month-to-month). UnGlue allows parents to view family usage reports, turn off internet off on devices, set internet access schedules, set time limits for entertainment apps or add extra entertainment time for good behavior, and block adult content. UnGlue has a step-tracker that rewards kids for physical activity with extra usage time and kids can monitor their own time with the UnGlue Kids app. UnGlue works across desktops, laptops, smartphones, gaming consoles, and any other device at home. It also discovers new devices as friends and guests join the home network.

## *External Devices*

***BOB – Screen Time Manager:*** External monitoring device that plugs into an electrical outlet and a device (television, video game console, computer monitor, etc.) to limit screen time. Each person in a family has access to the device via their own PIN (up to 6 child accounts and 1 parent/master account) and everyone has their own allotment of use time for the device. Schedules can be set as daily or weekly allotments, or on a weekly schedule in blocks of time. Once a user has used their allotment, the device will shut off. BOB – Screen Time Manager is \$89.99 on Amazon.com.

***Circle with Disney:*** External monitoring device that pairs with home Wi-Fi network and lets parents manage every device on the network. Set daily online time limits for each family member on any app, platform, or category. Filter online content on an individual basis, create an online bedtime for each family member and their devices, and pause the internet to disable access to a specific device, a specific individual's devices, or the entire home. Parents can set rewards for chores or good behavior with additional online screen time, extended bedtime, or by having a period of off-time. Circle with Disney is \$95.00 on Amazon.com. Additional \$10/month Circle Go subscription extends features to other Wi-Fi networks and cellular connections.

|                          | ESET Parental Control  | Kaspersky Safe Kids  | Kidslox  | Mobicip Parental Controls   |
|--------------------------|--|--|--|---|
| App or device            | App  | App  | App  | App   |
| Apple compatible         | No   | Yes  | Yes  | Yes   |
| Apple Store rating       | N/A  | 3.9/5.0  | 4.5/5.0  | 4.0/5.0   |
| Android compatible       | Yes  | Yes  | Yes  | Yes   |
| Google Play Store rating | 3.5/5.0  | 4.0/5.0  | 4.0/5.0  | 3.0/5.0   |
| Free                     | Yes  | Yes  | Yes  | No  |
| Payment schedule         | Premium upgrade<br>\$29.99 annual fee  | Premium upgrade<br>\$14.99 annual fee  | Premium upgrade<br>\$3.99 monthly fee  | \$39.99 for 5 devices up to<br>\$159.99 for 20 devices  |
| Description/features     | <p><b>Free features:</b></p> <ul style="list-style-type: none"> <li>- "App Guard" blocking that shows you suitable apps based on the Google Play content rating</li> <li>- Time-based app control to set maximum usage time for the day or to prevent access to certain categories of apps during school or bedtime</li> <li>- Child unblock request</li> <li>- Support for wearable devices</li> </ul> <p><b>Premium features:</b></p> <ul style="list-style-type: none"> <li>- All free features</li> <li>- "Web Guard" for blocking/monitoring internet sites</li> <li>- Full reports on child's device usage</li> <li>- Parent in-app messages</li> <li>- Child locator</li> </ul> | <p><b>Free features:</b></p> <ul style="list-style-type: none"> <li>- Block access to apps and adult content</li> <li>- Block suspicious search results in browsers</li> <li>- Personalize a list of sites and apps to block/allow</li> <li>- Set device screen limits</li> <li>- Permit/deny access to blocked apps/websites by child request in-app</li> </ul> <p><b>Premium features:</b></p> <ul style="list-style-type: none"> <li>- Monitor calls/texts</li> <li>- Receive alerts when child calls/texts numbers you specify</li> <li>- Monitor public Facebook activity</li> <li>- GPS tracking, child/phone locator</li> </ul> | <p><b>Free Features:</b></p> <ul style="list-style-type: none"> <li>- Control one device</li> <li>- Change "modes" up to 5 times/day</li> <li>- Set one schedule each day</li> </ul> <p><b>Premium Features:</b></p> <ul style="list-style-type: none"> <li>- Set daily limits</li> <li>- Block specified content and individual apps</li> <li>- Receive weekly emails about what apps have been installed</li> <li>- Set unlimited schedules</li> <li>- Change modes unlimited times per day</li> <li>- Control up to 10 devices on one account</li> <li>- Utilize the Kidslox timer</li> </ul> | <p>Monitor and control all connected devices: phones, tablets, laptops, desktops, etc.</p> <ul style="list-style-type: none"> <li>- Mobicip is cloud-based and doesn't require Wi-Fi to function; if your child switches to LTE data the parental controls will still work</li> <li>- Family Time feature allows all devices to be shut down at once, for a designated amount of time</li> <li>- Set daily screen time limits on connected devices, manage bedtime and family time; set recurring weekly schedules</li> <li>- Monitor usage/browsing history, block inappropriate web content</li> <li>- Restrict social media apps or games</li> <li>- Locate family members with cellphone tracker</li> <li>- Robust filtering to regulate video content on popular streaming services</li> </ul> |

|                          | OurPact Parental Control and Kid Tracker  | Qustodio Parental Control  | Safer Kid  | ScreenLimit - Parental Control   |
|--------------------------|---|--|--|--|
| App or device            | App   | App  | App  | App  |
| Apple compatible         | Yes   | Yes  | Yes  | Yes  |
| Apple Store rating       | 4.6/5.0   | 3.1/5.0  | 4.0/5.0  | 4.0/5.0  |
| Android compatible       | Yes   | Yes  | Yes  | Yes  |
| Google Play Store rating | 2.6/5.0   | 3.6/5.0  | 2.9/5.0  | 3.4/5.0  |
| Free                     | Yes   | Yes  | No   | No   |
| Payment schedule         |   | Paid premium upgrade<br>\$49.95/year-\$87.95/year  | \$99.99/6-months<br>(Covers all devices in family)   | Yearly subscription: \$38.18<br>Lifetime subscription: \$95.35   |
| Description/features     | <p>Schedule screen time throughout the day or week</p> <ul style="list-style-type: none"> <li>-Block internet or apps</li> <li>-Block access to texting</li> <li>-Monitor web usage/browsing activity</li> <li>-Block or allow access to specific websites</li> <li>-Set geofences around safe/known areas; when child leaves these areas, parent is notified</li> <li>-Receive alerts when new apps are installed</li> <li>-Find My Family feature acts as a child locator or a lost device tracker</li> </ul> | <p><b>Free Features:</b></p> <ul style="list-style-type: none"> <li>-Set screen time limits</li> <li>-Monitor web and search activity and block adult content</li> <li>-Receive automatic daily activity reports</li> <li>-Access an online web-based dashboard to view child's activity and set rules</li> </ul> <p><b>Premium Features:</b></p> <ul style="list-style-type: none"> <li>-Connect Qustodio to any device</li> <li>-Track and block calls</li> <li>-Monitor SMS text messages</li> <li>-Set limits for games and apps</li> <li>-Report a device's location to your online dashboard</li> <li>-Activate an SOS button that will sent an alert to all family members' phones</li> </ul> | <p>SaferKid rates apps and content based on children's ages and analyzes the level of risk an app has for sexting, adult content, bullying, or meeting strangers</p> <ul style="list-style-type: none"> <li>-Monitor text message history and web browsing history</li> <li>-Limit screen time</li> <li>-Block adult content</li> <li>-Parents can grant age-appropriate privacy privileges as children get older</li> </ul> | <p>Remotely block, unblock, or grant unlimited access instantly to individual devices across platforms (Apple, Android, cellphones, tablets)</p> <ul style="list-style-type: none"> <li>-Unique synchronized timer that works across all devices</li> <li>-Set a time limit or schedule for school, homework, or bedtime</li> <li>-Ensure the right apps are used at the right time with a user-friendly app management feature</li> <li>-Grant unlimited access to helpful apps even when a schedule or time limit is set (e.g. educational apps, reading apps)</li> <li>-Use "Plans" feature to turn screen time into rewards for good behavior or accomplishing tasks</li> <li>-Instant messaging available in-app</li> </ul> |

|                          | UnGlue  | BOB - Screen Time Manager   | Circle with Disney   | Bark   |
|--------------------------|---|---|--|--|
| App or device            | App   | Device  | Device   | App  |
| Apple compatible         | Yes   | N/A   | N/A  | Yes  |
| Apple Store rating       | 4.5/5.0   | N/A   | N/A  | 3.0/5.0  |
| Android compatible       | Yes   | N/A   | N/A  | Yes  |
| Google Play Store rating | 2.8/5.0   | N/A   | N/A  | 3.3/5.0  |
| Free                     | No  | No  | No   | No   |
| Payment schedule         | \$8.33/mo (purchased yearly)<br>\$11.99/mo (month-to-month)   | \$89.99 on Amazon   | \$95.00 on Amazon<br>Circle Go - add'l \$10/month  | \$9/month  |
| Description/features     | <p>Receive detailed family usage reports</p> <ul style="list-style-type: none"> <li>-Ability to remotely turn internet off on devices</li> <li>-Set internet access schedules</li> <li>-Set time limits for entertainment apps</li> <li>-Add extra entertainment time</li> <li>-Block adult content</li> <li>-Step tracker rewards kids for physical activity with extra use time</li> <li>-Kids can manage their own time using the UnGlue Kids app (allows them to look at their schedules, see time remaining, etc.)</li> <li>-Works across desktops, laptops, smartphones, gaming consoles, and any other device you have at home; also discovers new devices as friends and guests join your home network</li> </ul> | <p>External monitoring device that plugs into an electrical outlet and a device (television, video game console, computer monitor, etc.) to limit screen time</p> <ul style="list-style-type: none"> <li>-Each person in a family has access to the device via their own PIN (up to 6 child accounts and 1 parent/master account)</li> <li>-Everyone has their own allotment of use-time for the device</li> <li>-Schedules can be set as daily or weekly allotments, or on a weekly schedule in blocks of time</li> <li>-Once a user has used their allotment, the device will shut off</li> </ul> | <p>External monitoring device that pairs with home Wi-Fi network and allows parents to manage every device on the network</p> <ul style="list-style-type: none"> <li>-Set daily online time limits for each family member on any app, platform, or category</li> <li>-Filter online content on an individual basis</li> <li>-Create an online bedtime for each family member and their devices</li> <li>-Pause the internet to disallow access to a specific device, a specific individual's devices, or the entire home</li> <li>-Parents can set rewards for chores or good behavior with additional online screen time, extended bedtime, or by having a period of off-time</li> <li>-Circle Go subscription extends features to other Wi-Fi networks and cellular connections</li> </ul> | <p>A mobile application that monitors text messages, emails and social activity for signs of harmful interactions and content. Bark's algorithms detect potential risks and automatically alert the responsible adult via email and text. Alerts include recommendations about easy ways parents can talk to their kids about digital dangers and other sensitive online issues.</p> |

