



MindPeace®

For Children's Mental Health

2018/2019 Annual Report



Our mission is to ensure a seamless system of mental health care for children and adolescents that meets specific characteristics of quality, provides a continuum of care, has system connections, and is affordable.

Increasing access to quality mental health care through the improvement and expansion of school-based brain health services is a top priority. MindPeace serves as co-leader for the School Based Mental Health Network, where youth agency providers come together to identify and overcome systemic barriers to care and collectively share key learnings and resources.

We strive to co-create strong, sustainable partnerships between community learning centers (CLC's)/schools and behavioral health providers, which are selected by community stakeholders. This results in full-time integrated and aligned support for students, as well as shared outcomes, accountability and a continuum of services to help each school community thrive!

"I cannot imagine going back in time and working without a MindPeace Room. The partnership with MindPeace has been an absolute game changer for students, teachers, and families."

-Harry Voll, Roselawn-Condon Elementary Principal



There are 171 schools in the MindPeace collaborative



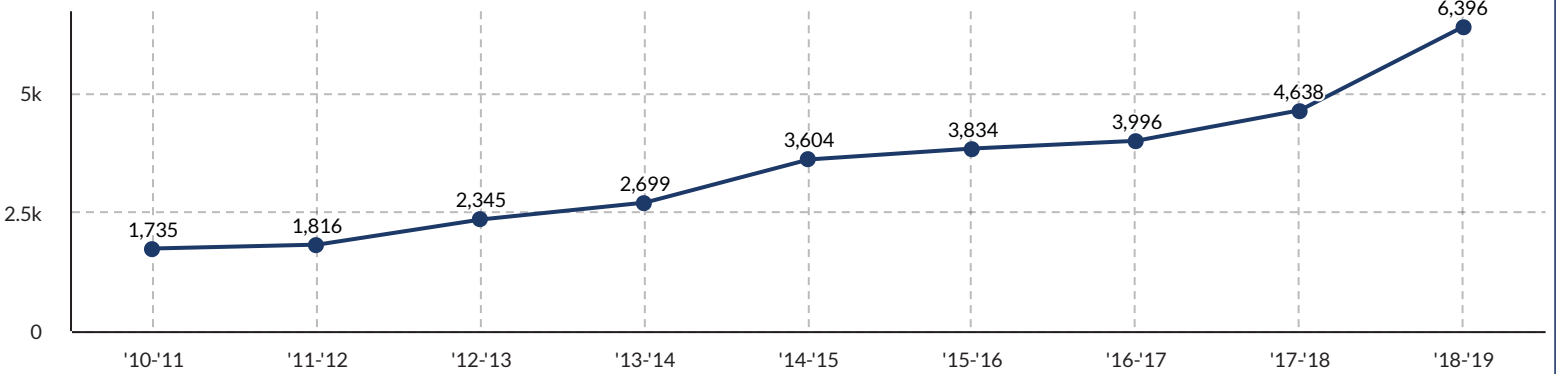
MindPeace partners with 22 local school districts



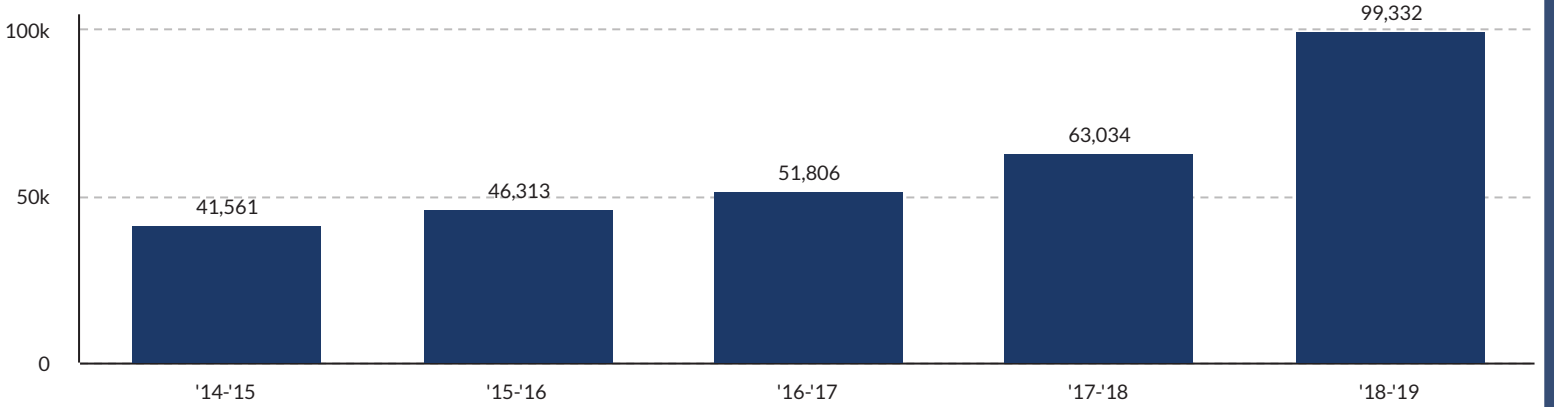
18 behavioral health agencies are currently partnered with MindPeace

School Based Mental Health Services Impact

Students in Treatment

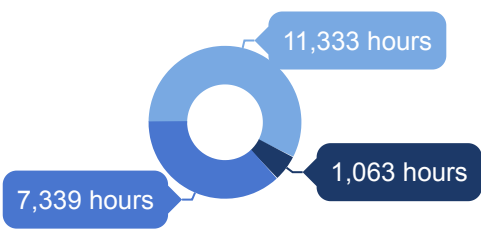


Students with Access to Mental Health Treatment



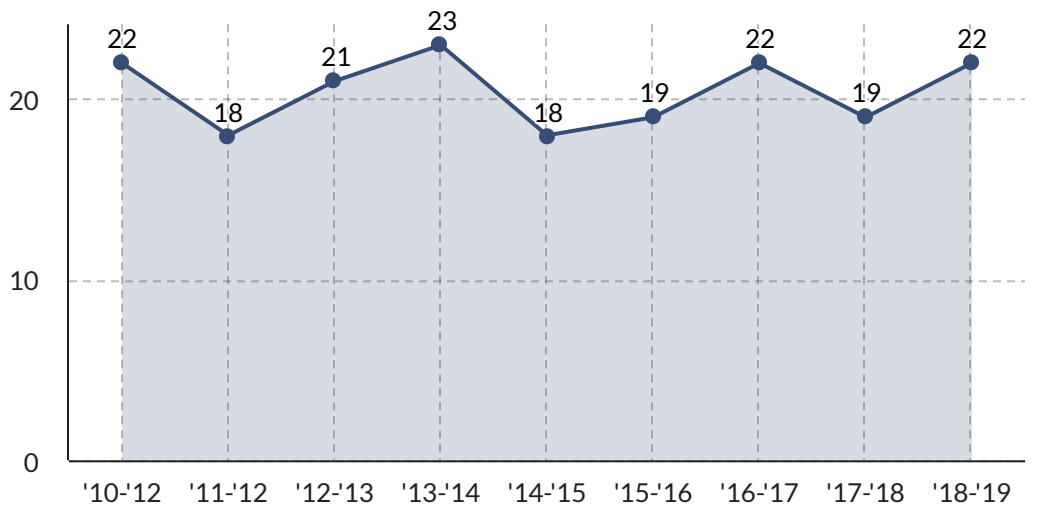
Prevention Support

Nationally 25-50% of children access mental health services. Through the work of MindPeace and our partners, 72% of students received treatment!



- Individuals & Group Prevention (57.43%)
- Trainings (5.39%)
- Planning & Consultation (37.19%)

Average Hours in Treatment Per Student



↑ 223%

In the past 5 years the number of schools in the MindPeace network has grown 223%.



Help Children and Teens Thrive! Donate to MindPeace!

All operating funds are made possible through grants and private donations!

Where does your donation go?

- \$40- One month of website hosting
- \$ 200- One hour of consultation and technical support to school partners
- \$1,000- Creating a calming corner in a classroom
- \$5,600- Development and implementation of a high school MindPeace Room
- \$10,000- The annual celebration and education luncheon



Donations may be sent to:

MindPeace
5642 Hamilton Avenue
Cincinnati, Ohio 45224

For credit card donations, please visit: www.MindPeaceCincinnati.com/donate

Thank You Donors!

The Andrew Jergens Foundation

Shannon and Lee Carter Family Fund of the Greater Cincinnati Foundation

The Chan Zuckerberg Initiative in partnership with the Community Learning Center Institute

Cincinnati Children's Hospital Medical Center

The Daniel and Susan Pfau Foundation

Hamilton Community Foundation

Jack J. Smith, Jr. Charitable Trust

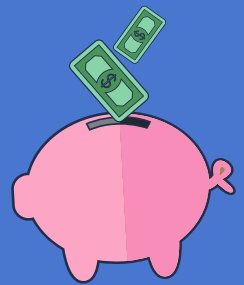
Robert and Adele Schiff Family Foundation

The John and Nancy Silverman Family Fund of the Greater Cincinnati Foundation

The Thomas J. Emery Memorial

Many Generous Individuals

Special thanks to gifts made in memory of Rebecca Finke and Kadin Shilling



Our Partners are the Best!

Agencies

Beech Acres Parenting Center
Butler Behavioral Health Services
Catalyst Counseling, LLC.
Catholic Charities Southwestern Ohio
Camelot Community Care
Central Clinic
Child Focus, Inc.
The Children's Home of Cincinnati
Cincinnati Children's Hospital Medical Center
Community First Solutions
The Counseling Source
Greater Cincinnati Behavioral Health Services
Lighthouse Youth and Family Services
Solutions Community Counseling
St. Aloysius
St. Joseph Orphanage
Talbert House
TriHealth

Organizations

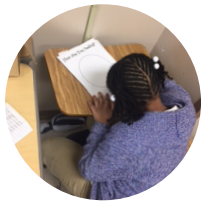
1N5
Mental Health America of Northern Kentucky and Southwest Ohio
Cincinnati Health Department
Community Learning Center Institute
Companions on a Journey
Growing Well Cincinnati
Hamilton County Mental Health & Recovery Services Board
The Health Promotion and Education Program at the University of Cincinnati
Interact for Health
LifeSpan
TriState Trauma Network

School Districts

Cincinnati Public Schools
Deer Park Community Schools
Finneytown Local School District
Great Oaks Career Campuses
Hamilton City School District
Indian Hill Exempted Village School District
Lakota Local Schools
Lebanon City Schools
Lockland School District
Loveland City School District
Kings Local School District
Madeira City Schools
Mariemont School District
Mason City Schools
Northwest Local School District
Oak Hills Local School District
Princeton City Schools
Ross Local Schools
St. Bernard-Elmwood Place City Schools
St. Xavier High School
Sycamore Community Schools
Ursuline Academy
Wyoming City School District

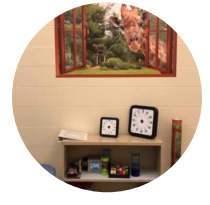


Quality Projects



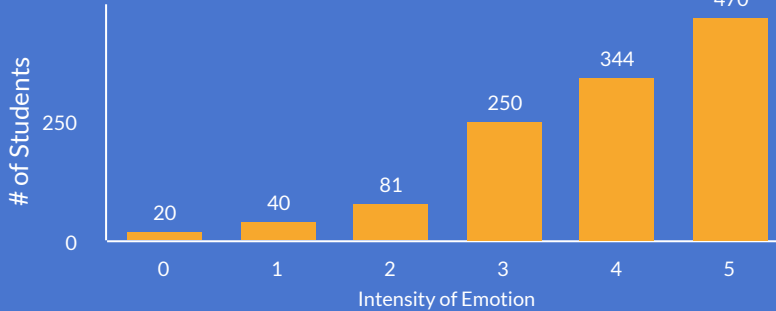
MindPeace Rooms

MindPeace Rooms are not only used to help with deescalation, but are social emotional learning environments where students can learn to self-regulate their body and emotions.

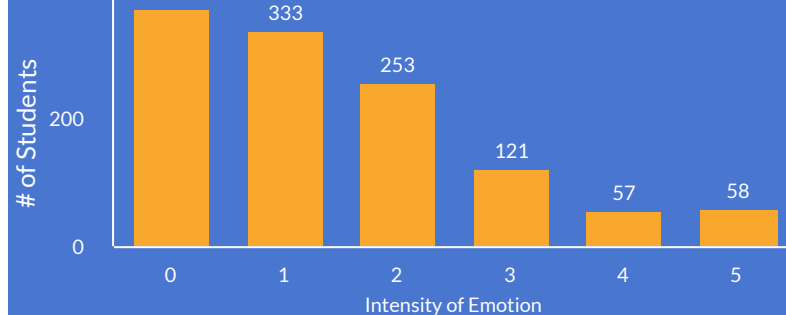


MindPeace has become a local expert in the development, implementation and ongoing consultation for social emotional learning spaces, called MindPeace Rooms. MindPeace partnered with Taft Elementary, Roselawn-Condon Elementary, Carson Elementary and Deer Park Jr. Sr. High School in the 2018/2019 school year.

Intensity of Emotion when Arriving in the MindPeace Room



Intensity of Emotion when Leaving the MindPeace Room



Transitioning to Adulthood

MindPeace created a revised transition packet for all partner high school seniors and juniors. These packets armed students with resources for creating resiliency, and information on accessing brain health services for students entering the workforce and college.



Barriers to Care

In partnership with Cincinnati Children's, MindPeace sponsored a work group to address the barrier of parent engagement to increase access to care. Team members from MindPeace, St. Aloysius, Beech Acres Parenting Center, Child Focus Inc., and St. Joseph Orphanage met over a 9 month period to work on this quality improvement project.



Postvention Support

Supporting schools and their community after a loss of student by suicide has been an unfortunate need. MindPeace partners with the community and SERA to help schools develop short and long term plans to ensure the entire school and its community are supported during these difficult times.



High School Brain Health Network

MindPeace and 1N5 collaborated to provide support to high performing high schools which have students experiencing high anxiety, stress and perfectionism. The schools worked to identify areas of need. MindPeace and 1N5 provided experts in academic pressures to speak to the community, an updated communication toolkit for school leadership, and informational videos on brain health challenges.



Safety and Emergency Planning

MindPeace partner agencies met numerous times during the 2018/2019 school year to establish systematic support to address children in crisis. Two-hundred and twenty-seven counselors and therapists were trained to understand and utilize the Columbia Suicide Severity Rating Scale. Partner agencies and Cincinnati Children's Hospital Medical Center worked to share health information (with consent) across their electronic health record, and agencies extended after-hours contact lines of support.

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Meet the Team

Board of Directors

Mr. Lee Carter, Chairman
Ms. Victoria Parlin, Secretary
Dr. Barbara Boat
Ms. Nancy Eigel-Miller
Mr. David Mentzel
Ms. Orly Rumberg
Dr. Michael Sorter
Ms. Shauna Murphy
Ms. Nancy Silverman
Mr. Jeff Brokamp



Susan Shelton, Executive Director

Susan has a BSEE and an MBA and worked in high tech industries for over 20 years in the areas of research and development, product management, manufacturing, marketing, and strategic planning. She was a founder of MindPeace as a volunteer of the Junior League of Cincinnati (JLC) and under Susan's leadership, MindPeace has earned numerous awards and national recognition.



Tina Russo, Program Director

Tina is retired from Cincinnati Public Schools where she served as a principal and leadership coach. She's also taught for the Cincinnati Archdiocese, been the Director of The Children's Home School, worked for Lighthouse Youth Services, and was an adjunct faculty member at three local colleges. She received her Ed.D. in Educational Administration and a BA in Psychology/Philosophy. Tina started her journey with MindPeace as a Board Member before moving into her current position where she helps improve and develop school based partnerships.



Elana Carnevale, Program Manager

Elana has a BA in Communication with a minor in Psychology, and a Master of Public Health degree. She has worked for over 12 years in the non-profit, healthcare industry, and the past 7 years have been focused specifically on childhood health. At MindPeace, Elana helps to implement quality improvement efforts in areas of suicide prevention, data analysis, transitions in care, trauma-sensitive learning, MindPeace Rooms, and technological advancements. Elana also supervises the internship staff.



Christy Berning, Program Manager

Christy holds a BA in Education with a special emphasis in Business and Communications. Over the past 25 years, Christy has held leadership roles within the fields of communications, education, and non-profit management. More recently, she's served as a Strategic Consultant for a number of local non-profit agencies specializing in parenting education, suicide prevention, and grief support. As Program Manager at MindPeace, Christy partners with school and agency teams to develop systemic solutions, connecting children and teens with critical brain health prevention, intervention and treatment.



Jessica Carroll, Program Manager

Jessica has a Master in Social Work and is a Licensed Independent Social Worker in Ohio and Florida. She has been licensed since 2008 and started working with adolescents in 2005. Jessica has also completed CAPP, a two year post graduate training program from the Cincinnati Psychoanalytic Center that focuses on normal and abnormal childhood and adolescent development. At MindPeace, Jessica helps manage mental health partnerships in the school with a goal of reducing barriers to care.



MindPeace hires 3-4 interns tri-annually to help support the work of MindPeace, and to provide valuable experience to our budding professionals.

Looking to access community resources or launch a new school partnership? Contact us!

